Sunday, March 23rd -Saturday, March 29th

The Heritage at Shalimar Gardens

ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
08:30 Salem Lutheran Church on 98.9FM/1340AM (OT) 09:00	10:00 Stretch & Bend Exercise Class (CR) 10:45	10:00 Stretch & Bend Exercise Class (CR) 10:45	10:00 Stretch & Bend Exercise Class (CR) 10:45	10:00 A Trip to Dunklau Gardens to Visit Friends! Sign up with Activities to go!	to Stretch & Bend Exercise Class (CR) 10:45 Bowling on the Wii (CR) 01:00 Jesus Calling Daily Devotions (1F) 01:15 NEW ACTIVITY- BUNCO with Kathy! (CS) 01:30 Crocheting Class with Ashley! (CS) 10:15 FREE Eye Glass Cleaning (DR)	All Day Happy Birthday Nona H.! 09:00 Independent Word Puzzles (CS) 10:00
First United Methodist on 105.5FM (OT) 09:30 Catholic Communion- Gail will deliver to your apartment!	(CR) 01:00 Jesus Calling Daily Devotions (1F) 01:30 Bingo- Bring your dauber! (DR) 02:15 Ice Cream Social- "Berrylicious Sherbet, Vanilla, Choc. Chip Cookie Dough" (DR) 02:45 GIANT Crossword Puzzle (DR) 03:15 Book Club- "Chicken Soup for the Golden Soul Stories" (1F) 03:15 Country Store is Open! (L)	Sing-A-Long with Ann at the Piano (FE) 10:45 Gentlemans Coffee & Conversation- "Rise & Shine Donuts" Provided! (CS)	St. Paul's Lutheran- Arlington "Come Watch the Sunday Service" (PD) 10:45 Crafts- "Silly Easter Bunny Tube" (CS)	10:00 Stretch & Bend Exercise Class (CR) 01:00 Jesus Calling Daily Devotions (1F)		
09:30 Trinity Lutheran on 98.9FM/1340AM (OT) 10:00 St. Patrick's Catholic on 105.5 (OT) 10:30 Trinity Lutheran on 98.9FM/1340AM (OT)		01:00 Catholic Rosary w/ Marilyn J. (L) 01:00 Jesus Calling Daily Devotions (1F) 01:30 Resident Council (CR) 01:45 Foodie Meeting (CR) 02:30 Natures Secrets Educational Program- "Feeling Squirrely" (CR)	11:30 Trivia Challenge at the Table (DR) 01:00 Jesus Calling Daily Devotions (1F) 01:30 Creating Words in Words (CS) 02:00 RVR Bank is Here! (L) 02:15 Fun Money Card Bingo & Monthly Auction (DR)	O1:15 Drama Club Play Practice- "The Wedding" (CR) O2:00 Universal Yums- "Let's Visit Turkey" (DR) O3:00 Happy Hour- Enjoy a drink or two with Family & Friends! (DR)		
		03:15 Balloon Volleyball (FE)	03:00 John-Keene Memorial Library Presenting on "Picturesque bridges around the World!" (CR)			

^{*} Activities are subject to change

