

# March 2025

## Monday, March 24th

9:30AM Exercise

10:30 : **Todays History**  
(Queen Elizabeth I)



11:30Am Snack and Hydration  
12:00 Lunch

2:00 PM Snack

**2:15 PM Bowling**



4:30 Set tables and fill drinks  
6:00 Easy Music Listening  
7:30 Puzzles

## Friday, March 28th

10:00 Seated Exercise

10:30AM: **Planting Club**



11:15AM Coloring Sheets  
11:30AM **Manicures & Music**

1:00 **Crafts Corner**



2:00 PM Snack

2:30 **Coloring Sheets**

4:00 Walking Club

4:30 Set tables and fill drinks  
5:00: Dinner

## Tuesday, March 25th

10:00AM Exercise

10:30AM **Pet Therapy w Doochi**

11:00AM **Manicures & Music**



12:00 Lunch

1:00PM: **Beaded Jewelry**



3:15 PM Snack and Hydration  
4:30 Set tables and fill drinks  
6:00 Cards



## Saturday, March 29th

9:30 Exercise Class

10:00 AM Snack and Hydration

11:00 Daily Chronicles and  
Today in History

11:15 **Sing-Along /Pajama Day**



12:00 Lunch

2:00 Exercise and Movement

2:45 PM Snack and Hydration

3:00: **Coloring Sheets**

4:30 Set tables and fill drinks

6:00 **Movie Night**  
(Staff Choice)



## Wednesday, March 26th

9:30 Seated Exercise Class

10:00-11:45: **Scenic Drive**



12:00 LUNCH

2pm: **Happy Hour in AL**  
(with Michael Lyon)



4:30 Set tables and fill drinks  
5:00 Dinner  
6:00 Balloon exercise  
6:45 Chit Chat

## Sunday, March 30th

9:15 Exercise Class

9:30 **Coffee with Friends**



10:00 **Mass on TV-Channel 9**

11:00 Hymn Sing-A-Long

11:30 Set tables and fill drinks

12:00 LUNCH

1:00 Puzzles and Cards

2:00 **Hand Massages and Manicures**

3:00 PM Snack and Hydration

3:30 Walking Club

4:30 Set Tables and fill drinks

5:30 **BINGO**

6:00 Ice Cream Bars

7:30 Lawrence Walk



## Thursday, March 27th

9:00am Exercise

9:30 **Balloon Volleyball**



10:30am Snack and Hydration

11:00Am Coloring Sheets

12:00 Lunch

1:15 PM Music & Tea

2:00 **Traveling Video**  
(England & Ireland)



3:30 **Steak Night**

4:30 Set tables and fill drinks

6:15 Pick a Stick

7:30 Playing Cards

All Activities are Subject to Change !!

