



Independent Assisted Living

SUN MON TUE WED THU FRI SAT

Ron Nemer 1 Shirley Wilson 11 Chuck Rugha 12 Peg Swanson 14

Lorene Girardot 15 Edie Macchietto 16

Rose Spencer 20 Hank Hendrix 27

Room Key:

B-Balcony

C-Courtyard

D- Dining Room E-Exercise

G-Game Room I- Ice Cream Room L-Lobby

M- Multipurpose Room **MS-Memory Support** P- Pub

PL-Parking Lot

COLOR KEY:

Blue: Social Hour

&/or Entertainment

Green: Guest & or Speaker

Purple: Crafts/ Baking Club Red: MUST RSVP at Front Desk **Thank You**

Resident Groups

Hand & Foot



Mondays & Wednesdays @

6 pm

Bridge

ø

Wednesdays @ 2pm

Resident Groups

Skip-Bo



Tuesdays & Thursdays @ 2:30 pm

Pool Club

(G)

Thursdays @ 2pm

1

10:00 (E) Exercise 10:45 (P) Coffee & Conversation



2:00 (M) Bingo



3:00 (G) Resident-led Kings in the Corner



6:30 (M) Movie: The Sum of All Fears



2

Church Run RSVP

8:30 Westside Church, CH 10 10:30 Catholic Mass, CH 8



2:00 (P) Learning about Mardi Gras & Lent



6:30 (P) Nickel Bin-



9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:45 (I) If You Could..?



2:00 (M) Move and Groove Mardi Gras Game



3:30 (M) Guess the Movie from the Song



Oklahoma



Mardi Gras!



9:30 (M) Chair Yoga w/ Susan



10:30 Walgreens RSVP Walgreens

1:30 (D) Choir Rehearsal



3:00 (P) Mardi Gras Social Hour



6:30 (M) Movie: Back in Action



Ash

Wednesday!

9:30 (E) Advanced

Exercise

10:00 (E) Exercise

10:30 HyVee RSVP



12:45 (M) Bible Study w/ Don



2:00 (M) Catholic Mass/ Ash Distribution w/ Fr. Andy





6:30 (D) Entertainment w/ Tim Javorsky

9:30 (E) Advanced

Exercise

6

10:00 (E) Exercise

11:00 (M) Rosary



1-5 Shuttlebus RSVP

2:00 (P) Leprechaun's Pot of Gold Coin Toss



3:30 (L) Walking Club



6:30 (M) Church Service w/ Spiritual Video



9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:30 (M) The Chosen Season 4:5



1:30 (M) Craft: Mug **Decorating**



3:00 (P) Social Hour





10:00 (E) Exercise 10:45 (P) Coffee & Conversation



2:00 (M) Bingo



3:30 (G) Lucky Charm **Dominoes**



6:30 (M) Lion



9 Daylight



8:30 Westside Church, CH 10 10:30 Catholic Mass, CH 8



2:00 (P) Irish Pub Songs & Beer





10

Savings Time 9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:45 (I) A Wee Bit of



2:00 (P) Baking Club: **Pretzel Shamrocks**



3:30 (M) All-Faith Prayer Service w/ Pastor Jeske



11

9:30 (M) Chair Yoga w/ Susan

9-11am (M) Grief Support w/ OnCare



1:30 (D) Choir Rehearsal

Communion



2:30 (E) NuStep Demonstration w/ Caitlin, PT from OnCare



6:30 (M) Open Heart

12

9:30 (E) Advanced

Exercise 10:00 (E) Exercise

10:30 Baker's RSVP

Bakers



2:00 (P) Irish Coffee Bar



3:00 (I) Nail Care RSVP 4:30 Sean O'Casey's **RSVP**



13

9:30 (E) Advanced

10:00 (E) Exercise

Exercise



12:30 (M) Bible Study w/ 11-1 (P) Timeless Apparel



3:30 (L) Walking Club





14

6:30 (M) The Forge

Exercise 10:00 (E) Exercise

9:30 (E) Advanced





3:00 (P) Social Hour



6:30 (M) Movie: The Gray Man



15 10:00 (E) Exercise

10:45 (P) Coffee and Conversation

2:00 (M) Bingo



3:30 (M)

6:30 (M) Movie: Walk the Line







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Speaker Purple: Crafts/ Bak-

COLOR KEY:

ing Club Red: MUST RSVP at M- Multipurpose **Front Desk**

Thank You

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D– Dining Room E-Exercise

G-Game Room I- Ice Cream Room

L-Lobby

Room

MS-Memory Support P- Pub

Custom Hearing

Solutions goes to **Memory Support at** 10am on March 19th

Please be patient if they are a little late.

Thank you!



16 **Church Run RSVP**

8:30 Westside Church, CH 10 10:30 Catholic Mass, CH8



2:00 (P) Shamrock Shakes



6:30 (P) Nickel Bingo



17 St. Patrick's Day!

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:45 (P) March Madness Brackets



3:00 (P) St. Patrick's **Day Social Hour**



Twister



18

Susan

10:30 (M) Reconciliation w/ Fr. Andy RSVP

9:30 (M) Chair Yoga w/



mid Game 3:30 (M) Egyptian

Hieroglyphic Bingo

6:30 (M) Antony & Cleopatra

25

Susan

hearsal

11:00 (M) Catholic

1:30 (D) Choir Re-

Communion



19

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:30 Walmart RSVP Walmart *****

10:30 (I) Custom Hearing Solutions Custom

12:30 (M) Bible Study w/ Don

2:00 (P) Basketball

Shooting 3:00 (I) Nail Care RSVP

1st Day of **Spring**

Exercise

20

9:30 (E) Advanced

10:00 (E) Exercise

11:00 (M) Rosary



1-5 Shuttlebus RSVP

2:00 (M) Travel Abroad: Ancient Egyptian 3:30 (L) Walking Club

6:30 (M) Church Service 6:30 (G) Mexican Train 🚛 w/ Spiritual Video

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:30 (M) The Chosen: S4:7



1:30 (M) Art Therapy



3:30 (L) Fish Fry Social Hour



6:30 (M) When in Venice



2:00 (M) Bingo

Conversation



10:00 (E) Exercise

10:45 (P) Coffee &

3:30 (M) Sing-Along



Woman



23

Church Run RSVP

8:30 Westside Church, CH 10 10:30 Catholic Mass,



2:00 (P) Basketball

Trivia



6:30 (P) Nickel Bingo





24

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:45 (MS) Spring Craft w/ Primrose School of Legacy



2:00 (D) B-Day Celebration w/ Mary Link



3:30 (M) All-Faith Prayer Service w/ Pastor Jeske



6:30 (M) Movie: Genesis





3:30 (P) Trivia & Treats

2:30 (P) Baking Club:

Caprese Stuffed Avo-

6:30 (M) Space Jam

26

9:30 (M) Chair Yoga w/ 9:30 (E) Advanced

Exercise

10:00 (E) Exercise

10:30 HyVee RSVP





2:00 (I) Coffee & Crosswords



3:00 (I) Nail Care RSVP

4:30 Couple's Date Makeup Dinner RSVP

6:30 (L) Pet Therapy

27

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

11:00 (M) Rosary



Ridgewood RSVP

3:30 (L) Walking Club

6:30 (M) Church Service



28

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:30 (M) The Chosen S4:8





6:30 (M) Movie: Gone with the Wind part 1



29

10:00 (E) Exercise

10:45 (P) Coffee & Conversation



2:00 (M) Bingo



6:30 (M) Gone with the



Wind part 2

30

Church Run RSVP

8:30 Westside Church, CH 10 10:30 Catholic Mass, CH 8

2:00 (M) Name That Country Tune





31

9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:30 Vidlak's RSVP Vidlak's

2:00 (M) Craft: Sparkling Tile Cross



6:30 (M) Movie: Sherlock Holmes



