

**Sunday, February 23rd -
Saturday, March 1st**

The Heritage at Shalimar Gardens

ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	01
<p>08:30 Salem Lutheran Church on 98.9FM/1340AM (OT)</p> <p>09:00 First United Methodist on 105.5FM (OT)</p> <p>09:30 Trinity Lutheran on 98.9FM/1340AM (OT)</p> <p>09:30 Catholic Communion- Gail will deliver to your apartment!</p> <p>10:00 St. Patrick's Catholic on 105.5 (OT)</p> <p>10:30 Trinity Lutheran on 98.9FM/1340AM (OT)</p>	<p>10:00 Stretch & Bend Exercise Class (CR)</p> <p>10:45 Resident Council + Foodie Meeting To Follow! (CR)</p> <p>01:00 Jesus Calling Daily Devotions (1F)</p> <p>01:30 Golden Ballroom Chair Dancing! (FE)</p> <p>02:15 Heritage OnCare Education- "Heart Health" with FUN Healthy Snacks</p> <p>03:00 Bingo- Bring your dauber! (DR)</p>	<p>10:00 Stretch & Bend Exercise Class (CR)</p> <p>10:45 Gentlemans Coffee & Conversation- "Rise & Shine Donuts" Provided! (CS)</p> <p>10:45 Sing-A-Long with Ann at the Piano (FE)</p> <p>01:00 Jesus Calling Daily Devotions (1F)</p> <p>01:00 Catholic Rosary w/ Marilyn J. (L)</p> <p>01:30 Mosaic Coloring (CS)</p> <p>02:30 Natures Secrets Educational Program (CR)</p> <p>03:15 Balloon Volleyball (FE)</p>	<p>10:00 Stretch & Bend Exercise Class (CR)</p> <p>10:45 Crafts- "Leprechaun Clay Figurine" (CS)</p> <p>11:30 Trivia Challenge at the Table (DR)</p> <p>01:00 Jesus Calling Daily Devotions (1F)</p> <p>01:15 GIANT Crossword Puzzle (DR)</p> <p>02:00 RVR Bank is Here! (L)</p> <p>02:15 Funny Money Card Bingo + Monthly Auction (DR)</p> <p>03:00 John- Keene Memorial Library Presenting on "The Modern Wonders of the World" (CR)</p>	<p>10:00 Stretch & Bend Exercise Class (CR)</p> <p>10:45 Shalimar Bell Choir Practice with Cheri (CS)</p> <p>01:00 Jesus Calling Daily Devotions (1F)</p> <p>01:15 Current Events with Cheri (1F)</p> <p>01:30 Meet & Greet Our New Shalimar Neighbors!</p> <p>02:30 Village Inn Pie Social- "Banana Cream" (DR)</p> <p>03:00 Happy Hour- Enjoy a drink or two with Family & Friends! (DR)</p>	<p>10:00 Stretch & Bend Exercise Class (CR)</p> <p>10:45 Bowling on the Wii (CR)</p> <p>01:00 Jesus Calling Daily Devotions (1F)</p> <p>01:15 Country Store is Open! (L)</p> <p>01:30 Crocheting Class with Ashley! (CS)</p> <p>02:15 FREE Eye Glass Cleaning (DR)</p> <p>02:30 KENO- Remember to bring your Highlighters (DR)</p> <p>03:15 Rummikub w/ Pat & UNO Cards with Ann (CS)</p>	<p>09:00 Independent Word Puzzles (CS)</p> <p>10:00 Cards- Calling all PITCH players (CS)</p> <p>01:30 Cards- Bridge (CS)</p> <p>03:00 Mosaic Coloring (CS)</p>

* Activities are subject to change