

# MARCH 2025

Heritage Ridge

SUN

MON

TUE

WED

THU

FRI

SAT

**Activity Locations:**

- A-Activity Room
- C-Community Room(2nd floor)
- D-Dining Room
- G-Game Room
- L-Library
- P-Pub
- T-Theater
- X-Exercise Room

**Color Key:**

- RSVP (sign up by the mailboxes)
- CRAFT
- MUSIC
- RELIGIOUS

**FAMILY INVITED!**

Join us for Cinnamon Rolls and Conversation



March 8  
10:00-11:00

Friends & Family Welcome!

**SENIOR FRAUD**



Roger with the Bellevue Police Department will be here to help us with ways to avoid being scammed and misled.

You don't want to miss this event!

**THINK BEFORE YOU SHRED!**



- Shred documents with sensitive info
- \*Bank/Investment Statements
- \*Credit Card Info
- \*Tax Forms
- \*Social Security info
- \*Medical Records

**SHRED DAY 3/7**

If you have items that need to be shredded, please take them to the front office on March 7

Max per person is one paper box



**1**  
10:00(G1) Nail Care

1:00-1:30(C) Corner Store

2:00(G1) **Craft:**  
Shamrock Flower Pot



3:00(T) **Hymn**  
Sing-a-long with Maria

**2**  
10:30(T) Catholic Mass on TV ch#8

11:00(C) Calvary Christian Church & communion

1:30(P) Farkle

2:30(P) BINGO

4:00(L) Ice Cream & Social Time



**3**  
10:00(X) Morning Stretch

10:30(L) Coffee & Daily Chronicles

1:00(P) Pinochle  
2:30(T) Video: The Secret World of Plants



4:15(P) Scrabble  
5:30(P) St Pat's Day History & Root beer Floats



**4**  
10:00(X) Balloon Badminton

10:30(L) Coffee & Daily Chronicles

1:00(T) Hawaii—Inside Paradise E-1 "Big Island"

2:00 **Shopping at Baker's**

4:15(P) Fat Tuesday Game

5:30(P) Nebraska birth month and facts

6:00(C) Bible Study with John

**5**  
10:00(T) Seated Yoga

10:30(L) Coffee & Daily Chronicles

11:00(T) Rosary  
1:00-1:30(C) Corner Store

2:30(C) **Music by Dick Keiser**

4:00(P) Farkle

ASH WEDNESDAY  
5:30(T) Catholic Communion –

6:00(G2) Chicken Foot

**6**  
9:30(P) Smoothies & Healthcare Connection-OnCare

10:00(X) Tai Chi

10:30(L) Coffee & Daily Chronicles

11:15-11:45(C) Lutheran Service with Pastor Ken

1:00(G1) **Craft:** Shamrock Décor



2:30(P) BINGO

4:15(P) Skipbo

5:30(T) Jeopardy

**7**  
10:00(X) Ring Toss

10:30(L) Coffee & Daily Chronicles

1:00(D) Bridge

1:30(P) Senior Fraud with Roger, BPD



3:00(P) Happy Hour Birthday Party!

6:00(C) **Music by Lowis family &**

**8**  
10:00(P) Family Time-Cinnamon Rolls, Coffee, & Conversation



1:00-1:30(C) Corner Store

2:00(G1) You Be the Judge

3:00 **Mystery Bus Ride**



**9**  
 Spring Forward

10:30(T) Catholic Mass on TV ch#8

11:00(C) Calvary Christian Church & communion

1:30(P) Farkle

2:30(P) BINGO

4:00(L) Ice Cream & Social Time



**10**  
10:00(X) Morning Stretch

10:30(L) Coffee & Daily Chronicles

11:00 **Olive Garden \$20+**



1:30(C) **TOWN HALL**

3:00(P) Book Club Return & Conversation

5:30(P) Who, What, Where?

5:30(T) Caregiver Support Group

**11**  
7:15-9:30 **Chick-fil-a BINGO**

10:00(X) Balloon Badminton

10:30(L) Coffee & Daily Chronicles

1:00(T) Hawaii—Inside Paradise E-2 "Maui"

2:00 **Shopping at TARGET**



4:15(P) UNO

5:30(P) Play Nine

6:00(C) Bible Study with John

**12**  
10:00(T) Seated Yoga

10:30(L) Coffee & Daily Chronicles

1:00-1:30(C) Corner Store

1:30(T) Catholic Mass

2:30(C) **Music by Richard Desenko NEW! Accordion & Flute**

4:15(P) Kings in the Corner

6:00(G2) Chicken Foot

**13**  
10:00(X) Tai Chi

10:30(L) Coffee & Daily Chronicles

11:15-11:45(C) Lutheran Service with Pastor Ken

1:00(A) **Baking: Chocolate Party** Treats for St Patty's

**\*SURPRISE!**

2:30(P) BINGO

4:15 **Red Robin**



**14**  
10:00-12:00(T) Grief Support Help with OnCare

10:30(L) Animal Visit Scatter Joy Acres

10:30(L) Coffee & Daily Chronicles

1:00(D) Bridge

2:00(P) OnCare "Fiber & Bowel Health"

3:00(P) Happy Hour

5:30(C) Movie & Popcorn: Butch Cassidy & the Sundance Kid

**15**  
10:00 **Lied Craft Fair \$5 at the door**









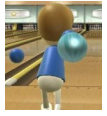






1:00-1:30(C) Corner Store

2:00(G1) Nail Care

3:00(T) Easy Riddles

# MARCH 2025

SUN	MON	TUE	WED	THU	FRI	SAT		
<p><b>16</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 1:30(P) Farkle 2:30(P) BINGO 4:00(L) Ice Cream &amp; Social Time</p> 	<p><b>17 Saint Pat's Day WEAR GREEN</b> 9:00(T) Hearing Clinic: Ear &amp; Aid Checks <b>9:00-12:00(G1) IL PODIATRY</b> 10:00(X) Stretch 10:30(L) Coffee &amp; Daily Chronicles 1:30(P) St Patty's Search Game 3:30(L) St Patty's Parade 4:00(D) St Patty's Day Party PIZZA &amp; Drinks More info to come!!!</p> 	<p><b>18 9:00-3:00(G1) AL PODIATRY</b> 10:00(C) Wellness Clinic 10:30(L) Coffee &amp; Daily Chronicles 1:30(P) Coffee with Pastor Chad 1:00(T) Hawaii—Inside Paradise E-3 "Oahu" 2:00 Baker's 5:30(P) Scrabble 6:00(C) Bible Study with John</p>	<p><b>19</b> 10:00(T) Seated Yoga 10:30(L) Coffee &amp; Daily Chronicles 11:00(T) Rosary 1:00-1:30(C) Corner Store 2:30(C) Violinist Erin Crosby-NEW 3:45(P) Play 9 5:30(T) Catholic Communion 6:00(G2) Chicken Foot</p>	<p><b>20</b> 10:00(X) Tai Chi 10:30(L) Coffee &amp; Daily Chronicles 11:15-11:45(C) Lutheran Service with Pastor Ken 1:00(P) Guess the Movie by a Song 2:00(P) Hymn Sing-a-long - Tim 2:30(P) BINGO 4:15(T) Monthly Gazette 5:30(P) Play Nine</p>	<p><b>21</b> 10:00(X) Ring Toss 10:30(L) Coffee &amp; Daily Chronicles 1:00(D) Bridge 1:30(P) Skipbo 3:00(P) Happy Hour 5:30(L) If You Could (AC)</p> 	<p><b>22</b> 10:30 Lunch at Moran's \$15+ 1:00-1:30(C) Corner Store 2:00(G1) Nail Care 3:00(G1) Seed Planting in Flower Pots</p>  		
<p><b>23</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 1:30(P) Farkle 2:30(P) BINGO 4:00(L) Ice Cream &amp; Social Time</p> 	<p><b>24</b> 10:00(X) Morning Stretch 10:30(L) Coffee &amp; Daily Chronicles 1:00(P) UNO 2:00(C) Singing Hymns with Ralph &amp; Lenore 3:00(G1) Craft Painting 4:15(P) UNO 5:30(A) Craft: Making Ice Cream</p> 	<p><b>25</b> 10:00(X) Balloon Badminton 10:30(L) Coffee &amp; Daily Chronicles 1:00(T) Hawaii—Inside Paradise E-4 "Kauai" 1:30(P) Meet &amp; Eat 2:00 Baker's 4:15(P) You be the Judge 5:30(T) Documentary: Elephants of Kilimanjaro PRIME</p>	<p><b>26</b> 10:00(T) Seated Yoga 10:30(L) Coffee &amp; Daily Chronicles 11:00(T) Rosary 1:00-1:30(C) Corner Store 2:30(C) Music by Paul Siebert 3:45(P) Canasta 5:30(T) Catholic Communion 6:00(G2) Chicken Foot</p>	<p><b>27</b> 10:00(X) Tai Chi 10:30(L) Coffee &amp; Daily Chronicles 11:15-11:45(C) Lutheran Service with Pastor Ken 1:00(P) Kings in the Corner 2:30(P) BINGO 4:15(T) Roma's Italian \$20+</p> 	<p><b>28</b> 10:00(X) Ring Toss 10:30(L) Coffee &amp; Daily Chronicles 1:00(D) Bridge 1:30(T) Wii Bowling 3:00(P) Happy Hour 5:30(C) Movie &amp; Popcorn: Dr Dolittle (PRIME)</p>  	<p><b>29</b> 10:00(G1) Nail Care 1:00-1:30(C) Corner Store 2:00(P) UNO 3:00(G1) Craft: Easter Candy Decor</p> 		
<p><b>30</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 1:30(P) Farkle 2:30(P) BINGO 4:00(L) Ice Cream &amp; Social Time</p> 	<p><b>31</b> 10:00(X) Morning Stretch 10:30(L) Coffee &amp; Daily Chronicles 1:00(T) Hawaii—Inside Paradise E-5 "Molokai" 2:30(C) Senior Moments (game) 4:15(P) Play Nine 5:30(P) Riddles</p>						<p>3/1 Vern Krysl 3/2 Carl Parmentier 3/6 Alice Trumble 3/10 Steve Goodbrod 3/14 LaVonne Campbell 3/16 Lisa Overkamp</p>	<p>3/21 Jerome Kusek 3/23 Harlan Wolterman 3/28 Lois Barnes 3/28 Bob Pinkerton 3/28 Sylvia Thompson 3/30 Ana Belle Betz</p>