




January 2025

*Calendar is subject to change as needed *

The Heritage
at Legacy

Independent
Assisted
Living

SUN	MON	TUE	WED	THU	FRI	SAT
Helene Book 1 Mary Ann Hartley 3 Carol Irlbeck 9 Terry Moore 12 Jim Miller 14 Mike Kelehan 17 Lois Morris 18 Bonnie Chastain 22 Bev Braasch 23 Barb Fitzwater 25	Birthdays 	Room Key: B-Balcony C-Courtyard D- Dining Room E-Exercise G-Game Room I- Ice Cream Room L-Lobby M- Multipurpose Room MS-Memory Support P- Pub PL-Parking Lot	COLOR KEY: Blue: Social Hour &/or Entertainment Green: Guest &/or Speaker Purple: Crafts/ Baking Club Red: MUST RSVP at Front Desk Thank You	Resident Groups Hand & Foot (G)  Mondays & Wednesdays @ 6 pm Bridge (G)  Wednesdays @ 2pm	Resident Groups Skip-Bo (P)  Tuesdays & Thursdays @ 2:30 pm Pool Club (G) Thursdays @ 2pm	



2 9:30 (E) Advanced Exercise 10:00 (E) Exercise 11:00 (M) Rosary 1-5 Shuttlebus RSVP 2:00 (I) Nail Care RSVP 3:30 (L) Walking Club 6:30 (M) Church Service w/ Spiritual Video

3 9:30 (E) Advanced Exercise 10:00 (E) Exercise 10:30 (M) Touched by an Angel 2:00 (D) Entertainment w/ the Qiao Family 3:00 (P) Social Hour 6:30 (M) Movie: Maria

4 10:00 (E) Exercise 10:45 (P) Coffee & Conversation 2:00 (M) Bingo 3:00 (G) Kings in the Corner 6:30 (M) Movie: Maid in Manhattan

5 Church Run RSVP 8:30 Westside Church, CH 10 10:30 Catholic Mass, CH 8 2:00 (P) Ice Cream Floats 6:30 (P) Nickel Bingo

6 9:30 (E) Advanced Exercise 10:00 (E) Exercise 10:45 (I) First Time for Everything 12:45 (M) Bible Study w/ Don 2:00 (M) Wheel of Fortune Game 3:30 (P) Noodleball 6:30 (M) Mexican Train

7 9:30 (M) Chair Yoga w/ Susan 10:30 (I) Toy Timeline 2:00 Walgreens RSVP 3:30 (M) Hot Tea & Learning: Dodos are no Dodos 6:30 (M) Movie: Silverado

8 Elvis's Birthday! 9:30 (E) Advanced Exercise 10:00 (E) Exercise 10:30 Baker's RSVP 2:00 (M) Elvis Sandwiches & Jukebox 3:00 (I) Nail Care RSVP 6:30 (M) Elvis Bingo

9 9:30 (E) Advanced Exercise 10:00 (E) Exercise 11:00 (M) Rosary 2:00 (M) Craft: Bird Feeders 3:30 (L) Walking Club 6:30 (M) Church Service w/ Spiritual Video

10 9:30 (E) Advanced Exercise 10:00 (E) Exercise 10:30 (M) Touched by an Angel 2:00 (D) Town Hall/ Food Council 3:00 (P) Social Hour 6:30 (M) Movie: Crocodile Dundee

11 10:00 (E) Exercise 10:45 (P) Coffee and Conversation 2:00 (M) Bingo 3:30 (M) Coloring Meditation 6:30 (M) Movie: Jurassic Park

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
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12
Church Run RSVP
 8:30 Westside Church, CH 10
 10:30 Catholic Mass, CH 8

 2:00 (P) Reminisce: Someday We'll Laugh About This

 6:30 (P) Nickel Bingo


13
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:45 (I) Coffee & Crosswords

 12:45 (M) Bible Study w/ Don

 2:00 (I) Winter Planting

 3:30 (M) All Faith Prayer Service w/ Pastor Jeske


 6:30 (M) Blank Slate Game


14
 9:30 (M) Chair Yoga w/ Susan

 11:00 (M) Catholic Communion
 11:30 Lazlo's RSVP

 1:30 (D) Choir Rehearsal

 2:30 (P) Table Hockey


 3:30 (P) Trivia & Treats

 6:30 (M) Awakenings




15
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:30 Walmart RSVP

 10:30 (I) Custom Hearing Solutions

 2:00 (P) Wine Tasting

 3:00 (I) Nail Care RSVP
 6:30 (M) Kings in the Corner


16
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 11:00 (M) Rosary
 1-5 Shuttlebus RSVP

 2:00 (P) Baking Club: Apple Cinnamon Cocoa Cookies

 3:30 (L) Walking Club

 6:30 (M) Church Service w/ Spiritual Video


17
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:30 (M) Touched by an Angel

 1:30 (G) Charades

 3:00 (P) Social Hour




 6:30 (M) Movie: Charade





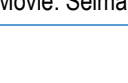

18
 10:00 (E) Exercise
 10:45 (P) Coffee & Conversation





 2:00 (M) Bingo

 3:30 (M) Sing-Along

 6:30 (M) Movie: The Fall Guy


19
Church Run RSVP
 8:30 Westside Church, CH 10
 10:30 Catholic Mass, CH 8

 2:00 Bus Ride RSVP

 6:30 (P) Nickel Bingo


20 MLK Jr. Day
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 11:30 Durham Museum RSVP

 12:45 (M) Bible Study w/ Don

 2:00 (M) Letter from Birmingham Discussion

 3:30 (M) Frost Bingo

 6:30 (M) Movie: Selma



21
 9:30 (M) Chair Yoga w/ Susan

 10:45 (I) Junk Drawer Detective

 1:30 (D) Choir Rehearsal
 1-3 Vitals Clinic
 2:00 (M) Craft: Colorful Snowflakes

 3:30 (P) Snowball Fight

 6:30 (M) Movie: Little


22
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:30 HyVee RSVP

 2:00 (P) Hot Cocoa Bar

 3:00 (I) Nail Care RSVP

 6:30 (L) Pet Therapy


23
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 11:00 (M) Rosary
 2:00 (G) Men's Club: Blackjack

 3:30 (L) Walking Club

 6:30 (M) Church Service w/ Spiritual Video


24
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:30 (M) Touched by an Angel

 1:30 (M) S'no Joking Humor

 3:00 (P) Winter Social Hour




 6:30 (M) Movie: Notting Hill




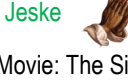


25
 10:00 (E) Exercise
 10:45 (P) Coffee & Conversation






 2:00 (P) Bingo

 3:30 (G) Dominoes

 6:30 (M) Movie: The Sting


26
Church Run RSVP
 8:30 Westside Church, CH 10
 10:30 Catholic Mass, CH 8

 2:00 (P) Mad Libs

 6:30 (P) Nickel Bingo


27
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:45 (I) Idioms in Disguise

 12:45 (M) Bible Study w/ Don

 2:00 (M) 1960s Music Trivia

 3:30 (M) Church Service w/ Pastor Jeske

 6:30 (M) Movie: The Six Triple Eight


28
 9:30 (M) Chair Yoga w/ Susan

 11:00 (M) Catholic Communion
 1:30 (D) Choir Rehearsal

 2:30 (I) You Be The Judge

 3:30 (P) Ping-Pong Toss

 6:30 (D) B-day Celebration w/ Bill Chrastil


29
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:30 Bakers' RSVP

 2:00 (P) Chinese New Year: Fortune Cookies and Chopstick Skills

 3:00 (I) Nail Care RSVP
 4:30 Olive Garden RSVP


30
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 11:00 (M) Rosary
 1-5 Shuttlebus RSVP


 2:00 (M) Travel Abroad: China

 3:30 (L) Walking Club

 6:30 (M) Church Service w/ Spiritual Video

31
 9:30 (E) Advanced Exercise
 10:00 (E) Exercise
 10:30 (M) Touched by an Angel

 1:30 (M) Community Outreach: Tie Blankets

 3:00 (P) Social Hour

 6:30 (M) Movie: Dog Gone