

# January 2025

Heritage Ridge

SUN

MON

TUE

WED

THU

FRI

SAT

**Activity Location**

- A-Activity Room
- C-Community Room (2nd floor)
- G-Game Room
- L-Library
- P-Pub
- T-Theater
- X-Exercise Room

**Color Key**

RSVP (sign up is by the mailboxes)

CRAFT

MUSIC

RELIGIOUS

**HOT MEAL TIMES:**

Breakfast 7:00-9:00

Lunch 11:00-1:00

Supper 4:30-6:00

**5**  
10:30(T) Catholic Mass on TV ch#8  
11:00(C) Calvary Christian Church & communion  
2:30(P) Bingo  
4:00(L) Ice Cream and Social Time



**12**  
10:30(T) Catholic Mass on TV ch#8  
11:00(C) Calvary Christian Church & communion  
2:30(P) Bingo  
4:00(L) Ice Cream and Social Time



**WHAT'S NEW!**

\*Corner Store  
1:00 Wednesday  
1:00 Saturday

\*Shopping moved to Tuesday afternoon for the winter

\*Popcorn will be available in the community room all afternoon

\*Play 9—Game

\*Movie: Red One is still at Theaters

**6**  
10:00(X) Morning Stretch  
10:30(L) Coffee & Daily Chronicles  
1:30(T) Music by Jim Butler  
3:00(P) Farkle  
4:15(L) You Be The Judge  
5:30(A) Smores & Camping Stories



**13**  
10:00(X) Morning Stretch  
10:30(L) Coffee & Daily Chronicles  
1:30(C) **TOWN HALL**  
2:30(P) Scrabble  
4:15(T) Wii Bowling  
5:30(P) Bunco



**Pawfficer**  
Mo plans to be here if his police work time allows Tuesdays at 1:00



Watch the monitor on Tuesdays to see if he is able to come for a visit.

**7**  
10:00(X) Balloon Badminton  
10:30(L) Coffee & Daily Chronicles  
2:00 Shopping  
4:15(P) New Card Game—Play 9  
5:30(T) Where am I - Graceland!  
6:00(C) Bible Study with John



**1 Happy New Year!**



10:00(T) Rose Parade ch#1085  
1:00(P) Farkle  
3:30(P) New Years Resolutions  
TBA- Rose Bowl Football ESPN  
5:30(T) Catholic Communion

**8**  
10:00(X) Stretch & Bee Gees AC Seated Workout  
1:00 - 1:30(C) Corner Store  
1:30(T) Mass  
3:00(C) Music by Dan Reynolds NEW!  
4:15(P) Games & Pop in the Pub  
6:00(G2) Chicken Foot



**2**  
10:00(X) Tai Chi on DVD  
10:30(L) Coffee & Daily Chronicles  
11:15-11:45(C) Lutheran Service with Pastor Ken  
1:00(G1) Painting Fun with Cassie  
2:30(P) Bingo  
4:15(P) Skipbo  
5:30(G1) Penny Ante: Get to know other residents



**9**  
10:00(X) Tai Chi  
10:30(L) Coffee & Daily Chronicles  
11:15-11:45(C) Lutheran Service with Pastor Ken  
1:00(G1) Kings in the Corner  
2:30(P) Bingo  
4:15(T) Zoo Babies PRIME  
5:30(P) Wheel of Fortune with Emily

**3**  
10:00(X) Ring Toss  
10:30(L) Coffee & Daily Chronicles  
1:30(P) Blank Slate—Fun Game! Game!  
3:00(P) Happy Hour Birthday Party!



5:30(P) Scrabble



**10**  
10:00(X) Ring Toss  
10:30(L) Animal Visit  
10:30(L) Coffee & Daily Chronicles  
2:00(P) "New Year, New You"—OnCare  
3:00(P) Happy Hour  
5:30(C) Movie Night: Red One



**4**  
10:00(G1) Nail Care  
1:00 - 1:30(C) Corner Store  
2:00(P) UNO  
3:00(T) Sing-a-long with Maria



**11**  
10:00(G1) Nail Care  
1:00 - 1:30(C) Corner Store  
2:00(P) Rummikub  
3:00(G1) Craft: Wood Snowman








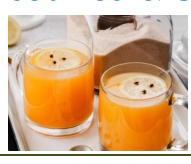














**18**  
10:00(G1) Nail Care  
1:00 - 1:30(C) Corner Store  
2:00(P) Kings in the Corner  
3:00(A) Craft: Puppy Chow (People Snack)



# January 2025

Heritage Ridge

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>19</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 2:30(P) Bingo 4:00(L) Ice Cream and Social Time</p> 	<p><b>20 Presidents &amp; MKL Day</b> 9:00(T) Hearing Aid / Ear Checks 10:00(X) Stretch 10:30(L) Coffee &amp; Daily Chronicles 1:00(T) Putting - Golf Game  2:00(C) Gifford Farm with live Animals on the Go 4:15(T) Billionaire Club—Who? <sup>AC</sup> 5:30(P) Martin Luther King Day &amp; Root beer Floats</p>	<p><b>21</b> 10:00(C)  Wellness Clinic 10:30(T) Grief Support - OnCare 10:30(L) Coffee &amp; Daily Chronicles 1:30(P) Coffee with Pastor Chad 2:00 Shopping  4:15(G1) Farkle 5:30(P) US Presidents  6:00(C) Bible Study with John</p>	<p><b>22</b> 10:00(X) Chair Yoga Stretch <sup>AC</sup> 11:00(T) Rosary 1:00 - 1:30(C) Corner Store 2:30(C) Music by Jerry Stingley 3:45(P) Games &amp; Pop in the Pub 5:30(T) Catholic Communion 6:00(G2) Chicken Foot </p>	<p><b>23</b> 10:00(X) Tai Chi 10:30(L) Coffee &amp; Daily Chronicles 11:15-11:45(C) Lutheran Service with Pastor Ken 1:00(P) Skipbo  2:30(P) Bingo 4:15(G1) Finish Lines 5:30(A) Craft: Spiced Tea &amp; Sip </p>	<p><b>24</b> 10:00(X) Ring Toss 10:30(L) Coffee &amp; Daily Chronicles 1:00(G1) Painting Fun with Cassie  3:00(P) Happy Hour 5:30(P) Kings in the Corner </p>	<p><b>25</b> 10:00(G1) Nail Care 1:00 - 1:30(C) Corner Store 2:00(G1) Senior Moments—Game 3:00(G1) Craft: Snowman </p>
<p><b>26</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 2:30(P) Bingo 4:00(L) Ice Cream and Social Time</p> 	<p><b>27</b> 10:00(X) Morning Stretch 10:30(L) Coffee &amp; Daily Chronicles 1:00(G1) Craft: Door Décor  2:00(C) Sing with Lenore &amp; Ralph 4:15(P) Farkle 5:30(A) Baking: Italian Cheese Bombs </p>	<p><b>28</b> 10:00(X) Balloon Badminton 10:30(L) Coffee &amp; Daily Chronicles 1:30(P) Meet &amp; Eat 2:00 Shopping  4:15(P) Kings in the Corner 5:30(P) Scrabble 6:00(C) Bible Study with John</p>	<p><b>29 Chinese New Year</b> 10:00(X) Walking through Nashville <sup>AC</sup> 11:00(T) Rosary 1:00 - 1:30(C) Corner Store 2:30(C) Music by George &amp; the Jrs 3:45(P) Games &amp; Pop in the Pub 5:30(T) Catholic Communion 6:00(P) Fortune Cookies &amp; Chopstick Skills </p>	<p><b>30</b> 10:00(X) Tai Chi on DVD 10:30(L) Coffee &amp; Daily Chronicles 11:15-11:45(C) Lutheran Service with Pastor Ken 2:30(P) Bingo 4:15(L) What's Your Verdict 5:30(G1) Craft: Button Heart </p>	<p><b>31</b> 10:00(X) Ring Toss 10:30(L) Coffee &amp; Daily Chronicles 1:30(P) New Card Game—Play 9  3:00(P) Happy Hour 5:30(P) Skipbo </p>	<p><b>Learn to Play a New Game</b>  Play Nine is a golf themed card game that's easy-to-learn and can be enjoyed by all ages. It's perfect for a friend's game night. New resident Barbara love this card game!</p>

**Activity Locations:**

- A-Activity Room
- C-Community Room(2nd floor)
- G1-Game Room by #101
- G2-Game Room by #211
- L-Library
- P-Pub
- T-Theater
- X-Exercise Room

**Color Key**

RSVP (sign up by the mailboxes)

- CRAFT
- MUSIC
- RELIGIOUS

**MEAL TIMES:**

- Breakfast 7:00-9:00
- Lunch 11:00-1:00
- Supper 4:30-6:00



## HAPPY BIRTHDAY

1/4 Jackie Caldwell	1/21 Dolores Schneiderwind
1/6 Dolores Semin	1/22 Janice Ostergaard
1/9 Julie Knapp	1/24 Shirley Carter
1/11 Lucy Riley	1/24 Liz Mitchell
1/11 Paul DeCelie	1/26 Judy Baker
1/13 Donna Vance	1/30 Ava Galbraith