

# The Heritage

at Meridian Gardens

Breakfast

Lunch

Dinner

## Sunday

- Cinnamon Roll
- Apple Slices
- Sausage Patty

- Roast Beef
- Baby baker
- Corn
- Beef Barley Soup
- Pie

- Pizza
- Side Salad/ Dressing
- Garlic Bread
- Oreo Pudding

## Monday

- Pancakes
- Mandarin Orange
- Bacon

- Legend Chicken
- Mash Potato/Country Gravy
- Green beans
- Cheeseburger Soup
- Chocolate Turtle Brownie

- Roast Beef Salad Sandwich
- Chip
- Fruit
- Cherry Cake

## Tuesday

- Biscuits and Gravy
- Peaches
- Sausage Patty

- Pork chops
- Mash Potato/Gravy
- Carrots
- Roll/ Butter
- Chicken Rice Soup
- Raspberry Chocolate cupcake

- Whole Baked Potato, with toppings
- Fruit
- Blueberry Cobbler

## Everyday offerings

Soup • Cottage Cheese & Fruit Plates • Chicken Tender or Chef Salad  
 Reuben Sandwich • Hamburger or Hot Dog on a Bun & Fries • Loaded Grilled Cheese  
 Chicken Tenders • Hot or Cold Deli Sandwich with Chips • Fried Cod

## Breakfast

## Lunch

## Dinner

### Wednesday

- French Toast
- Banana
- Sausage Link

- Lasagna
- Breadstick
- Side Salad/ Dressing
- Broccoli Cheese Soup
- Dessert: Pecan Cream Pie

- Chicken Bacon Ranch Potato
- Fruit
- Muffin
- Tapioca Pudding

### Thursday

- Danish
- Orange Slices
- Bacon

- Beef chili
- Cinnamon roll
- Fruit.
- Chicken Noodle Soup
- Cupcake

- Meatball Sub with marinera and Mozzarella cheese
- Macaroni Salad
- Fresh Vegetable
- Pudding

### Friday

- Donut
- Pineapple
- Sausage Link

- Chicken Cordon Bleu
- Mash Potato/ Chicken Gravy
- Prince Edward vegetable
- Roll/ Butter
- French Onion Soup
- Apple Delight

- Cheese and Spinach Quiche
- Fruit
- Hash Brown
- Fruit Salad

### Saturday

- Egg Casserole
- Apricot
- Ham

- Sloppy Joes
- Baked Beans
- Chips
- Italian Soup
- Lemon Bar

- Potato Soup
- Grilled Ham and Cheese
- Fruit
- Pudding

Thank you for dining with us!