



# Orchard Pointe

at Arrowhead

*Breakfast*

*Lunch*

*Dinner*

**Monday**

Soup of the Day: Navy Bean & Ham

**Blueberry Pancakes**

Scrambled eggs  
Bacon  
Fresh Fruit

**Beer Bratwurst**

Sauerkraut & Mustard  
Sweet Potato Fries  
Grapes  
Oatmeal Raisin Cookies

**Chicken Pot Pie**

Chef Vegetables  
Garlic Buttered Dinner Rolls  
Cherry Cobbler

**Tuesday**

Soup of the Day: Chicken Tortilla Soup

**Breakfast Burrito**

Sausage, Egg, Peppers,  
Onions & Potatoes  
Salsa  
Fresh Fruit

**Chicken Enchiladas**

Pico salad  
Spanish rice  
Choco Flan

**Shrimp Alfredo**

Fettuccini Pasta  
Peas & Carrots  
Garlic Bread  
Peach Pie

**Wednesday**

Soup of the Day: Corn Chowder

**Biscuits & Gravy**

Sausage Pattie  
Scrambled eggs  
Fresh Fruit

**Grilled BBQ Chicken**

Baked Sweet Potato  
Roasted Corn  
Jello

**Ham Steak**

Pineapple Chutney  
Scalloped Potatoes  
Green Beans  
Chocolate Pudding

*Always Available Menu*

Oatmeal Or Cream of Wheat • Eggs Any Style • Chicken, Egg or Tuna Salad & Fruit Plates •  
Grilled Chicken, Chicken Tender or Chef Salad BLT• Hamburger or Hot Dog on a Bun & Fries •  
Chicken Breast, Ham or Turkey Sandwich Chips • Orchard Salad or Chef Salad

*Snacks available throughout the day in the Bistro*

*Breakfast*

*Lunch*

*Dinner*

**Thursday**

Soup of the Day: Loaded Potato

**Cinnamon Rasin French  
Toast**

Scrambled Eggs  
Sausage links, or bacon  
Fresh Fruit

**Pearl Salad**

Mixed Greens with Fresh  
Strawberries, Brown Sugar  
Bacon, Cherry Balsamic  
Vinaigrette, topped with a  
Fried Goat cheese Ball  
Lemon Bars

**Meatloaf**

Mashed Potato, Gravy  
Steamed Broccoli  
Chocolate Cake

**Friday**

Soup of the Day: Manhattan Clam Chowder

**Banana Muffins**

Scrambled eggs  
Sausage links, or bacon  
Fresh Fruit

**Meat Lasagna**

Peas & Carrots  
Garlic toast  
Cheesecake

**Beer Battered Cod**

French Fries  
Chef Vegetables  
Bread Pudding

**Saturday**

Soup of the Day: Beef Stew

**Blueberry Blintzes**

Scrambled eggs  
Sausage links, or bacon  
Fresh Fruit

**Thanksgiving Lunch**

Turkey w/ Cranberry & Gravy  
Green Bean Casserole  
Stuffing & Sweet Potatoes  
Pumpkin Pie

**Chicken Salad Croissant**

Lettuce & Tomato  
Side Fresh Fruit  
Chips  
Brownie Sunday

**Sunday**

Soup of the Day: Cream of Chicken & Rice

**Cinnamon Rolls**

Scrambled Eggs  
Sausage links, or bacon  
Fresh Fruit

**Pizza**

Pepperoni, Vegetable or  
Cheese  
Side Salad  
Carrot Cake

**Beef Stroganoff**

Buttered Egg Noodles  
Green Beans  
Banana Pudding

*Thank you for dining with us!*