

# The Heritage

at Northern Hills

## Breakfast

## Lunch

## Dinner

### Monday

- Cold Cereal
- Oatmeal

- Bacon, Egg, and Cheese Croissant Sandwich
- Hash Browns

- Yogurt
- Fruit

#### **Beef Short Ribs**

- Garlic Cheddar Mashed Potatoes
- Green Beans

#### **Smothered Chicken Biscuit**

- Fresh Baked Biscuit Topped with Fried Chicken and Sausage Gravy
- Green Beans

#### **Jell-O Cake**

#### **Bacon Cheddar Quiche**

- Bacon, Cheese, and Egg Baked in a Pie Crust
- Hash Browns
- Fresh Fruit

#### **Shrimp Fried Rice**

- Scrambled Eggs, Peas, Carrots, Rice, and Shrimp Stir Fried
- Egg Roll with Dipping sauce
- Mandarin Vegetables

#### **Snicker Apple Salad**

### Tuesday

- Cold Cereal
- Cream of Wheat

- Scrambled Eggs
- Sausage

- Apple Strudel with Glaze
- Fruit

#### **Spaghetti and Meatballs**

- Meatballs Simmered in a Seasoned Marinara Sauce
- Spaghetti Noodles
- Broccoli

#### **Sliced Turkey w/ Cranberry Sauce**

- Stuffing
- Broccoli

#### **Cookie**

#### **Swiss Steak**

- Cubed Beef Patty Slow Cooked in Tomato Beef Gravy
- Mashed Potatoes
- California Vegetables

#### **Grilled Cheese and Tomato Soup**

- American Cheese Grilled on White Bread
- Tomato Soup

#### **Chocolate Eclair Dessert**

### Wednesday

- Cold Cereal
- Oatmeal

- Bacon, Pepper, Onion, and Cheese Egg Bake
- Breakfast Potatoes

- Fruit

#### **Rosemary Pork Roast**

- Scalloped Potatoes
- Cauliflower with Cheese

#### **Lobster Bisque**

- Bite Sized Lobster Pieces Simmered in a Creamy Seafood Broth
- Roll

#### **Cheesecake with Cherries**

#### **Lasagna**

- Ground Beef, Ricotta, Cottage Cheese, Marinara, and Noodles Layered and Baked
- Garlic Toast
- Spinach

#### **Butternut Squash Casserole**

- Diced Butternut Squash, Diced Turkey, Onion, Bell Pepper, Diced Tomatoes, and Seasoning Baked with Mozzarella on Top
- Spinach

#### **Ice Cream**

### Everyday offerings

- Grilled Cheese
- Hot Dog
- Chef Salad
- Macaroni and Cheese
- Peanut Butter and Jelly
- Egg Salad
- Cottage Cheese
- Chips
- Fruit

## Breakfast

## Lunch

## Dinner

### Thursday

- Cold Cereal
- Cream of Wheat
- Scrambled Eggs with American Cheese
- Sausage
- Caramel Roll with Pecans
- Fruit

#### **Spinach Salad with Bacon**

- Fresh Spinach, Parmesan, Cherry Tomatoes, Strawberries, and Bacon

- Raspberry Vinaigrette

#### **Wisconsin Cheese Soup**

- Roast Beef and Cheese Sandwich

- Lettuce, Tomato, Onion

#### **Lemon Bar**

#### **Sliced Roast Beef**

- Mashed Potatoes and Gravy
- Sauteed Asparagus, Onion, and Mushrooms

#### **Turkey Tetrazzini**

- Diced Turkey, Peppers, Onions, and Noodles Smothered in a Parmesan Cream Sauce

- Sauteed Asparagus, Onion, and Mushroom

#### **Jell-O**

### Friday

#### **Omelet Breakfast Bar**

##### **Choice Of:**

Bacon, Sausage, Ham  
Mushrooms, Onions,  
Peppers, Hash Browns, and  
Tomatoes

##### **Served with:**

Apple Fritter  
Fruit

#### **Liver and Onions**

- Au Gratin Potatoes

- Carrots

#### **Crab Salad on a Croissant**

- Chips

- 3 Bean Salad

#### **Frosted Brownie**

#### **Stuffed Peppers**

- Bell Pepper Stuffed with Ground Beef, Rice, and Seasonings

- Rice Pilaf

- Sweet Corn

#### **Popcorn Chicken Bowl**

- Mashed Potatoes Topped with Gravy, Popcorn Chicken, and Sweet Corn

#### **Ambrosia Salad**

### Saturday

- Cold Cereal
- Cream of Wheat
- Eggs and Style
- Sausage
- Pancakes
- Fruit

#### **BBQ Plate**

- Smoked BBQ Brisket and 2 Pork Ribs

- Baked Beans & Corn Bread

- Corn on the Cobb

#### **Garden Chicken Pasta**

- Cherry Tomatoes, Spinach, Asparagus, Chicken, Penne Pasta, Parmesan Cream Sauce

- Breadstick

#### **Oreo Pudding Parfait**

#### **Macaroni and Cheese with Ham**

- Macaroni Noodles and Diced Ham Baked in a Creamy Velveeta Cheese Sauce

- Peas & Carrots

#### **Tavern on a Bun**

- Sliced Pickles

- French Fries

- Peas & Carrots

#### **Bread Pudding with Glaze**

### Sunday

- Cold Cereal
- Oatmeal
- Scrambled Eggs
- Biscuits and Gravy
- Fruit

#### **Steak**

- Flat Iron Steak Marinated and Seared to Medium

- Baked Potato and Sour Cream

- Creamed Peas

#### **Salmon Patty**

- Roasted Red Potatoes

- Creamed Peas

#### **Pie**

#### **Polish Dog with Kraut on a Bun**

- Potato Salad

- Carrot Sticks with Ranch

#### **Addictive Chicken Casserole**

- Chicken Thighs, Ranch Seasonings, Cream Cheese, Bacon, Cheddar

- Cheese, Green Onions, and Rice Baked Together

- Yellow Squash

#### **Dessert Bar**

Thank you for dining with us!