

# The Heritage

at Fountain Point

Director of Dining  
Shannon Luna

Assisted Living | Memory Support

<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
<b>Sunday</b>		
<b>Eggs Made to Order</b> <b>Bacon or Sausage</b> <b>Choice of Toast</b> <b>Cereal or Oatmeal</b> <b>French Toast</b>	<b>Stuffed Pork Loin</b> <b>Macaroni &amp; Cheese</b> <b>Brussel Sprouts</b>  <b>Soup of the day:</b> Homemade Chicken Noodle	<b>Garlic Shrimp Pesto</b> <b>Pasta, Mixed</b> <b>Vegetables, Garlic</b> <b>Breadstick</b>  <b>Soup of the day:</b> Homemade Chicken Noodle
<b>Monday</b>		
<b>Eggs Made to Order</b> <b>Bacon or Sausage</b> <b>Choice of Toast</b> <b>Cereal or Oatmeal</b> <b>Breakfast Casserole</b>	<b>Ham, Sweet Potato</b> <b>Casserole, Green Beans</b>  <b>Soup of the day:</b> Beef & Barley	<b>Grilled Chicken Salad</b> <b>w/ Warm Bacon</b> <b>Vinegarette, Dinner Roll</b>  <b>Soup of the day:</b> Beef & Barley
<b>Tuesday</b>		
<b>Eggs Made to Order</b> <b>Bacon or Sausage</b> <b>Choice of Toast</b> <b>Cinnamon Roll</b>	<b>Hot Beef, Mashed</b> <b>Potatoes, Cheesy</b> <b>Broccoli</b>  <b>Soup of the day:</b> Mushroom & Onion Bisque	<b>Italian Sub w/ Salami,</b> <b>Pepperoni, Ham &amp;</b> <b>Cheese, French Fries</b>  <b>Soup of the day:</b> Mushroom & Onion Bisque

**Additional options on the Every Day Menu**

*Thank you for dining with us!*

*Breakfast*

*Lunch*

*Dinner*

**Wednesday**

**Eggs Made to Order  
Bacon or Sausage  
Choice of Toast  
Cereal or Oatmeal  
Ham Steak**

**Taco Salad, Roasted  
Corn w/ Black Beans,  
Churro**

**Chicken Alfredo, Grilled  
Vegetables, Garlic Bread**

**Soup of the day:  
Potato**

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Potato**

**Thursday**

**Eggs Made to Order  
Bacon or Sausage  
Choice of Toast  
Cereal or Oatmeal  
Parfait & Muffin**

**BBQ Ribs, Loaded  
Mashed Potatoes,  
Coleslaw**

**Lemon Pepper Cod,  
Potato Pancake,  
Asparagus**

**Soup of the day:  
Tomato Tortellini**

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Tomato Tortellini**

**Friday**

**Eggs Made to Order  
Bacon or Sausage  
Choice of Toast  
Cereal or Oatmeal  
Breakfast Skillet**

**Chicken Breast w/  
Sundried Tomato, Basil  
& Garlic Cream Sauce.  
Roasted Red Potatoes,  
Carrots**

**PIZZA NIGHT!  
Side Salad, Breadstick**

**Soup of the day:  
Broccoli Cheese**

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Broccoli Cheese**

**Saturday**

**Eggs Made to Order  
Bacon or Sausage  
Choice of Toast  
Cereal or Oatmeal  
Omelet**

**Fried Chicken, Mashed  
Potatoes w/ Gravy, Corn**

**French Dip w/ Sweet  
Potato Fries**

**Soup of the day:  
French Onion**

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French Onion**

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