

# The Heritage at Shalimar Gardens

## Shalimar Gardens Assisted Living Weekly Activity Calendar December 2024

### Monday Dec. 16, 2024

10:00 Stretch & Bend Exercise Class (C)  
 10:45 Decorating Gingerbread Houses (I)  
 1:15 Jesus Calling Devotional Readings (I)  
 1:30 Bingo— Bring your Dauber! (D)  
 2:30 Ice Cream Social- (D)  
 "PB Brownie, Pumpkin Pie & Strawberry!"  
 3:30 Book Club- (F-1st)  
 "It's Beginning to Look A Lot like Christmas"

### Friday Dec. 20, 2024

10:00 Stretch & Bend Exercise Class (C)  
 10:15 A Trip to Dunklau Gardens to Visit Friends  
 Sharon, Berniece & Barb!  
 1:15 Jesus Calling Devotional Readings (I)  
 1:30 Country Store is Open (L)  
 2:00 Bowling on the Wii (C)  
 3:00-4:00 Funny Money Card Bingo (D)

### Tuesday Dec. 17, 2024

10:00 Stretch & Bend Exercise Class (C)  
 10:45 Christmas Sing Along with Ann (FE)  
 1:00 Catholic Rosary led by Marilyn J. (L)  
 1:15 Jesus Calling Devotions (F-1st)  
 \*\* Activity Staff will be attending the staff Party  
 2:00 Crafts- "Nativity Book"  
 2:45 Scatter Joy Acres (F-1st)  
 3:15 A Game of Balloon Volleyball (FE)

### Saturday Dec. 21, 2024

9:00 Independent Word Puzzles  
 Available in the Coffee Shop!  
 10:00 Calling all Pitch Players (I)  
 1:30 Calling all Bridge Players (I)  
 3:00 Mosaic Coloring (I)

### Wednesday. Dec. 18, 2024

10:00 Stretch & Bend Exercise Class (C)  
 10:45 Christmas Tunes with the Bergan High  
 School Jazz Band (FE)  
 11:30 Christmas Trivia Challenge (D)  
 1:15 Jesus Calling Devotional Readings (I)  
 1:30 GIANT Crossword Puzzle (D)  
 2:00 RVR Bank is Here! (L)  
 2:30 KENO— Bring your Highlighters! (D)  
 3:00 VFW Gifts for Shalimar Vets (F-1st)

### Sunday Dec. 22, 2024

**HAPPY BIRTHDAY RICHARD SIDERS!!!**  
 8:30 Salem Lutheran Church On  
 98.9fm/1340am  
 9:00 First United Methodist on 105.5fm  
 9:30 & 10:30am Trinity Lutheran on 98.9/1340  
 10:00 St. Patrick's Catholic on 105.5  
 11:00 First Lutheran of Fremont  
 89.9fm/1340am  
 12:00 Communion for Catholics—  
 Gail will come to your Apartment!

### Thursday. Dec. 19, 2024

10:00 Stretch & Bend Exercise Class (C)  
 10:45 Bell Choir Rehearsal  
 1:00 Jesus Calling Daily Devotions (F-1st)  
 1:15 Busy Bakers— Come make Homemade  
 Christmas Sugar Cookies! (I)  
 2:00 Catholic Communion (C)  
 3:00 Bell Choir Performance (D)  
 3:15-3:45 Happy Hour— Come Enjoy A Drink or  
 Two with Family & Friends! (D)

1-on-1 Snapshots activities weekly  
 Individualized times may vary!

#### Activity Locations

A-Activity Room  
 C- Community Rm  
 D-Dining Room  
 F-1-Fireplace  
 F-2 Fireplace (2nd)  
 FE- Front Entry  
 I- Coffee Shop  
 L-Library  
 P- Pool Room  
 CTY- Courtyard

#### COLOR CODES

**COUNTRY STORE**  
**BUS TRIP/LUNCH**  
**Entertainment OR:**  
**Outside Vendor**  
**KENO / BINGO**  
**RELIGIOUS**  
**SERVICES**  
**HUSKER GAMES**