

**Independent Assisted** Living

SUN MON TUE WED THU SAT FRI

Don Smejkal 7 Mary Hanrahan 11 Annlee Zechmann | 13 Mary Sue Roh 16

Clete Galvin 26

Jim McNeal 29

Sue Russell 5

Room Key: **B-Balcony** 

**C-Courtyard** 

**D– Dining Room** E-Exercise **G-Game Room** 

I- Ice Cream Room L-Lobby M- Multipurpose Room

**MS-Memory Support** P- Pub **PL-Parking Lot** 

COLOR KEY:

Green: Guest & Jor Speaker

Purple: Crafts/ Baking Club

**Red: MUST RSVP at Front Desk** Thank You

Card Groups

**Hand & Foot** (G)

Mondays & Wednesdays @

6 pm

**ALL** are welcome!



1

### **Church Run RSVP**

8:30 Westside Church, CH 10 10:30 Catholic Mass, CH 8



2:00 (M) Reindeer Games Word Game



6:30 (P) Nickel Bingo



9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise

10:45 (I) Coffee & Crosswords



12:30 (M) Bible Study w/ Don



2:00 (D) B-Day Celebration w/ Othy the **Modern Kowboy** 



3:30 (G) Pack the Presents Game Pack the Presents

6:30 (M) Mexican Train



9:30 (M) Chair Yoga w/ Susan



10:30 Walgreens RSVP Walgreens

1:30 (D) Choir Rehearsal



1:00 Movie Matinee: Red One at AMC Theaters **RSVP** 



3:30 (M) Christmas Joke Bingo



6:30 (M) Movie: Haul Out the Holly



9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise

10:30 Walmart RSVP



10:30 (I) Custom Hearing VIP



2:00 (M) Catholic Mass w/ Fr. Andy



3:00 (I) Nail Care RSVP





**Exercise** 

10:00 (E) Exercise

9:30 (E) Advanced

11:00 (M) Rosary



1-5 Shuttlebus RSVP

2:00 (P) Baking Club: Candy Cane Cookies



3:30 (L) Walking Club



6:30 (M) Church Service w/ Spiritual Video



6

9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise

10:30 (M) Touched by an Angel



1:30 (M) Craft: Christmas Tree Painting



3:00 (P) Social Hour



6:30 (M) Movie: Merry Gentlemen



10:00 (E) Exercise 10:45 (P) Coffee & Conversation



2:00 (M) Bingo



3:00 (M) Handel's Messiah



6:30 (M) Movie: Operation Mincemeat



14

8

### Church Run RSVP

8:30 Westside Church, CH 10 10:30 Catholic Mass, CH 8



2:00 (P) Christmas Tree Ring Toss



6:30 (P) Nickel Bin-

9

#### 9:30 (E) Advanced **Exercise**

10:00 (E) Exercise

10:45 (I) Spot the Difference Puzzles: **Christmas Edition** 



w/ Don

2:00 (P) Reindeer Hunting



er Service w/ Pastor Jeske



10 9:30 (M) Chair Yoga w/



11:00 (M) Catholic Communion

1:30 (D) Choir Rehearsal



5:00 (D) Entertainment w/ Rohwer Elementary Sing-

ing Stars



6:30 (M) Movie: Prancer: A Christmas Tale



11

**Exercise** 

9:30 (E) Advanced

10:00 (E) Exercise 10:30 HyVee RSVP

HyVee 2:00 (P) Hot Cocoa Bar



3:00 (I) Nail Care RSVP



12

9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise 11:00 (M) Rosary



3:30 (L) Walking Club



6:30 (M) Church Service w/ Spiritual Video



13

9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise

10:30 (M) Touched by an Angel





3:00 (P) Social Hour



7:00 (D) Choir Concert



10:45 (P) Coffee and Conversation Ž

10:00 (E) Exercise



1:00 United States Air

3:30 (G) Pool Club









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WED

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Annlee Zechmann | 13 Mary Sue Roh

> Clete Galvin 26 Jim McNeal 29



**COLOR KEY:** 

Green: Guest & Jor Speaker

Purple: Crafts/ Baking Club

**Red: MUST RSVP** at Front Desk

**Thank You** 

Room Key:

**B-Balcony** C-Courtyard

**D– Dining Room** E-Exercise

**G-Game Room** I– Ice Cream Room

L-Lobby **M**– Multipurpose

Room **MS-Memory Support**  **Custom Hearing** 

Solutions goes to **Memory Support at** 10am on

Please be patient if they are a little late. Thank you!



**15 Church Run RSVP** 

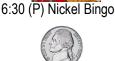
8:30 Westside Church, CH 10 10:30 Catholic Mass,



CH8

2:00 (P) Christmas Baking and Shopping





16 9:30 (E) Advanced

**Exercise** 

10:00 (E) Exercise 10:30 (I) Christmas

Would You Rather

12:30 (M) Bible Study

w/ Don 2:00 (G) Christmas Golf



6:30 (M) DVD Concert w/ Andre Rieu





17

9:30 (M) Chair Yoga w/ Susan

10:30 (I) Christmas Music Trivia

1:30 (D) Choir Re-



3:30 (P) Trivia & Treats



6:30 X-Mas Lights Sightseeing RSVP



18

9:30 (E) Advanced

P- Pub

**Exercise** 

10:00 (E) Exercise 10:30 Baker's RSVP

**Raker's** 

10:30 (I) Custom Hearing Solutiolns OUSTOM-

2:00 (P) Christmas Cup Game



3:00 (I) Nail Care RSVP

Merry

Christmas!

6:30 (M) Movie: Home Alone

19

9:30 (E) Advanced

**Exercise** 

10:00 (E) Exercise



1-5 Shuttlebus RSVP

2:00 (P) Baking Club: Gingerbread Man Cookie Decorating

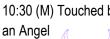
3:30 (L) Walking Club 6:30 (M) Church Service w/ Spiritual Video

20 9:30 (E) Advanced

**Exercise** 

10:00 (E) Exercise

10:30 (M) Touched by



3:00 (M) White

**Elephant Christmas** 



6:30 (M) Movie: Our Little Secret



9:30 (E) Advanced

10:00 (E) Exercise

**2**7

**Exercise** 

21

10:00 (E) Exercise 10:45 (P) Coffee &



2:00 (M) Bingo



3:30 (L) Walking **Christmas Cookie** Exchange



Family Man

10:00 (E) Exercise

10:45 (P) Coffee &

Conversation

2:00 (P) Bingo

**28** 



22

### Church Run RSVP

8:30 Westside Church, CH 10 10:30 Catholic Mass,



2:00 (P) Funny Kids-Letters to Santa



6:30 (P) Nickel Bingo



**23** 

**Exercise** 

9:30 (E) Advanced

10:00 (E) Exercise 10:30 Walmart RSVP

Walmart > 12:30 (M) Bible Study



3:30 (M) All-Faith Prayer Service w/ Pastor Jeske



24 Christmas



9:30 (M) Chair Yoga w/ Susan

11:00 (M) Catholic Communion

2:00 (D) Christmas Tea & Cookies Party



6:30 (M) Movie: Journey to Bethlehem



Office Close



**26** 

9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise 11:00 (M) Rosary





3:30 (L) Walking Club







10:30 (M) Touched by an Angel



1:30 (G) Card Game





3:30 (G) Dominoes



6:30 (M) Movie:



29

## Church Run RSVP

8:30 Westside Church, CH 10 10:30 Catholic Mass, **CH 8** 

2:00 (M) New Year's Time Capsule



6:30 (P) Nickel Bingo



30

9:30 (E) Advanced **Exercise** 

10:00 (E) Exercise 11:30 La Mesa RSVP



w/ Don 2:00 (M) Men's Club

3:30 (G) Wild West Rummy 6:30 (M) Kings in the

Corner

31 New Year's Eve!



HyVee. 3:00 (P) New Year's Eve Party!



White Elephant **Christmas** 

party.

Don't forget your

Party!

You do NOT need to bring a gift to participate!

drink tickets!



