Heritage Independent December

at No	rthern Hills					
SUN	MON	TUES	WED	THURS	FRI	SAT
1. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night The Impossible	 2. 9:00 This Week Weather w/Brandi 10:00-Exercise-A 1:00 Cards 2:00 Bingo-DR 3:15 Catholic Communion 3:15- Coffee by the fireplace 4:00 Book Club-L 	3. 9:00-Stories by Fire- place w/Brandi 10:15 Fareway 12:30 Manicures in the Library 1:00 Cards 3:00-Scramble Door Hanger Craft	4. 9:00-Coffee by the Fireplace 10:00-Exercise 1:00 Cards (A) 2:00 Bingo 3:00-Mexican Train Dominoes	5. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00 Wii Bowling 1:00 Cards 2:30 Happy Hour	6. 10:00 - Exercise A 1:00 - Cards-A 1:00 Popcorn on the Garden Level 2:00-Mini Christmas Tree Napkin Craft- Sign up 2:45 Food Council-DR	7. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards (A) 3:00 Lobby Chat (Resident Led)
8. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night– Sleepless in Seattle	 9. 9:00 This Week Weather w/Brandi 10:00-Exercise-A 1:00 Cards 2:00 Bingo-DR 3:15 Catholic Communion 3:15- Coffee by the fire-place 4:00 Men's Night w/ 	 10. 9:00-Stories by Fireplace w/Brandi 10:15 Hyvee 1:00 Manicures in the Library 1:00 Cards 2:30-Joyce Kaiser on Piano 	11. 9:00-Coffee by the Fireplace 10:00-Exercise 1:00 Cards (A) 2:00 Bingo 3:15-Puzzle Wreath Craft-Must Sign up	12. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00 Wii Bowling 1:00 Cards 2:30 Happy Hour	13. 10:00 -Exercise- A 1:00-Cards (A) 1:00 -Popcorn on Garden Level 2:30 Reindeer Craft - Must Sign Up	14. 9:00-5:00 Westerns channels 4 & 55 1:45-Entertainment by Sioux City Renais- sance Recorder-A
15. Worship Channel 71 1:00 Cards (A) 5:00 Movie –Mr. Roberts	Appetizers & Beer 16. Window Contest Starts 9:00 This Week Weather w/Brandi 10:00 Exercise-A 2:00- BINGO (DR) 3:15-Catholic Communion 3:15 Coffee by the Fireplace 4:00 Women's Night w/ Appetizers and wine	 17. 9:00-Stories by Fireplace w/Brandi 10:15 Walmart 1:00 Manicures in Library 330-Entertainment by Barry Trunk 	18. 9:00-Coffee by the Fireplace 10:00-Exercise (AR) 11:00 Catholic Mass in Assisted Living 1:00 Cards (A) 2:00-Bingo 3:15 Christmas Earing Craft-Must Sign up	19. 10:00-Bible Study w/Laura 12:30 Corner Store 1:00– Cards (A) 1:00 Wii Bowling 2:30 Happy Hour-DR	20. 10:00 - Exercise - A 1:00 - Cards (A) 1:30 Entertainment by Elaine Peacock- A 3:00 Book Club	21. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards 3:00 Lobby Chat (Resident Led)
22. Worship Channel 71 1:00 Cards (A) 6:00 Movie Night- When Harry Met Sally	23. 9:00 This Week Weather w/Brandi 10:00 Exercise 1:00- Cards (A) 2:00- BINGO (DR) 3:00 Joyce Kaiser on Pi- ano 3:15- Coffee by the Fire- place. 3:15 Catholic Communion	 24. 9:00-Stories by Fire-place w/Brandi 10:15 Fareway 1:00 Manicures in Library 1:00—Cards (A) 3:00 Sugar Cookie Decorating-Must Sign Up-L 	25. Office Closed	26. Window Contest Ends 10:00-Bible Study w/Laura 12:30 Corner Store 1:00 Wii Bowling 2:30 Happy Hour-DR	27. 10:00-Exercise A 1:00-Cards-A 1:00 Popcorn on the Garden Level 2:00 Winter Door Clothes Pin Craft- Must Sign Up	28. 9:00-5:00 Westerns channels 41 & 55 1:00 Cards

