

Memory Support Weekly Schedule

Monday August 5th

9:00 Keeping it Sharp: Daily Chronicles and Coffee or Crosswords & Conversation
 10:00 Mindful Moments: Pretty Nails or Hand Massages
 10:30 Vitality: Pool Noodle Exercise in Game Parlor
 11:30 & 4:30 **Scrub Before You Grub**
 1:30 Inspirational Services: Daily Devotions & Gospel Music
 2:00 Creative Cooking: Mini Cherry Pies
 3:30 Artisans: Sip & Paint
 5:30 Music to My Ears: Elvis Sing-A-Long

Tuesday August 6th

9:00 Keeping it Sharp: Daily Chronicles and Coffee or Trivia
 10:00 Mindful Moments: Book Club
 10:00 Vitality: Balloon Volleyball in Game Parlor
 10:30 Music to My Ears: Music Therapy
 11:30 & 4:30 **Scrub Before You Grub**
 1:30 Inspirational Services: Daily Devotions & Hymn Sing-A-Long
 2:00 National Root Beer Float Day!
 3:30 Music Bingo
 5:30 Oldies but, Goodies Movie & Popcorn

Wednesday August 7th

9:00 Keeping it Sharp: Daily Chronicles and Coffee or This Day in History/Politics
 10:00 Mindful Moments: Beads and Bangles
 10:30 Vitality: Ballroom Chair Dancing in Game Parlor
 11:00 **Inspirational Services: Rosary (T)**
 11:30 & 4:30 **Scrub Before You Grub**
 1:30 **Music to My Ears: Live Music by Johnny Ray Gomez (C)**
 2:30 Snow Cone Social
 3:30 Mix and Mingle in the Courtyard
 5:30 **Inspirational Services: Catholic Communion (T)**
 5:30 Inspirational Services: Worship Music Wednesday Sing A Long

Thursday August 8th

9:00 Keeping it Sharp: Daily Chronicles and Coffee or My 2 Cents Game
 10:00 Horticulture Club: Water Garden
 10:30 Vitality: Table Hockey or Just the Guys Mini Golf in Game Parlor
 11:15 **Inspirational Services: Lutheran Church Service (C)**
 1:00 Inspirational Services: Daily Devotions & Hymn Sing-A-Long
 2:00 Karaoke & Popcorn in the Living Room
 3:30 Bingo
 5:30 Western Movie & Popcorn

Friday August 9th

9:00 Keeping it Sharp: Daily Chronicles and Coffee or Proverbs
 10:00 Mindful Moments: Scatter Joy Acres Pet Therapy
 10:30 Vitality: Social Drumming in Game Parlor
 11:30 & 4:30 **Scrub Before You Grub**
 1:00 Inspirational Services: Daily Devotions
 2:00 Artisans: Foil Fish Art
 3:30 Happy Hour: It's 5 O'clock Somewhere with 70's Music/Axe Throwing/Darts in Game Parlor
 5:30 Music to My Ears: 70's Music Sing-A-Long

Saturday August 10th

9:00 Keeping it Sharp: Daily Chronicles and Coffee or Jigsaws & Jazz Music on Alexa "Hey, Alexa...Play Jazz Music"
 10:00 Mindful Moments: Pretty Nails or Hand Massages
 10:30 Vitality: Balloon Volleyball
 11:30 & 4:30 **Scrub Before You Grub**
 1:00 Inspirational Services: Daily Devotions & Hymn Sing-A-Long
 2:00 National S'mores Day!
 3:30 Bean Bag Toss in Game Parlor
 4:00 Tasting History on YouTube
 5:30 Comedy Movie & Popcorn

Sunday August 11th

9:00 Keeping it Sharp: Daily Chronicles or Board Games (in game cabinet below t.v. on side 1)
 10:00 Horticulture Club: Water Garden
 10:30 Vitality: Move to 50's Rock-N-Roll "Hey, Alexa...Play 50's Rock-N-Roll"
 10:30 Catholic Mass CH. #8
 11:00 **Inspirational Services: Cavalry Christian Church (C)**
 11:30 & 4:30 **Scrub Before You Grub**
 1:00 Inspirational Services: Daily Devotions & Gospel Music
 2:00 Sunday Sundaes
 3:30 Let's Play Golf in Game Parlor
 4:00 Tasting History on YouTube
 5:30 Inspirational Services: Hymn Sing-A-Long

All Activities & Times
 Are Subject to Change
*Activities Are Conducted Dependent
 Of Residents
 Needs & Wants*
 (C) Community Room
 (T) Movie Theatre