

May 13th - May 19th




# Heritage Pointe




## Monday, May 13th

8:00 Breakfast	1:00 Walking Club
10:00 Exercise Class	2:00 Word Puzzles
10:30 AM Snack & Hydration	2:30 Game Closet (UPTOWN)
10:45 Daily Chronicles & Today in History	3:15 PM Snack & Hydration
11:30 Set Tables for Lunch & Music with Alexa: <b>Elvis Music</b>	3:30 BINGO
<b>11:45 Hand Washing</b>	4:30 Set tables & fill drinks w residents
12:00 Lunch	<b>4:45 Hand Washing</b>
	5:00 Dinner
	6:00 Easy Music Listening

## Friday, May 17th


8:00 Breakfast	1:00 Travel Video:  Estes Park
10:00 Chair Yoga with Elaine	2:00 PM Stretching and Exercise
10:30 AM Snack & Hydration	2:45 Dominos
10:45 Pizza Toss	3:00 PM Snack & Hydration
11:15 Time Slips	4:00 Hand Massages
11:30 Set tables for lunch	4:30 Set tables & fill drinks w Residents
<b>11:15 Hand Washing</b>	<b>4:45 Hand Washing</b>
12:00 Lunch	5:00 Dinner
	6:15 Popcorn & Movie Night:

## Tuesday, May 14th

**Primary Election** 

8:00 Breakfast	2:00 Time Slips
10:00 Exercise Class	3:00 Manicure Closet (DOWNTOWN)
10:30 Walking Club	3:15 PM Snack & Hydration
11:00 Craft with Grace	4:15 Hand washing
11:30 Set tables & fill drinks	4:30 Set tables & fill drinks
<b>11:45 Hand Washing</b>	<b>4:45 Hand Washing</b>
12:00 Lunch	5:00 Dinner
1:15 Daily Chronicles &	6:00 Montessori Trays
	7:30 Sleepy Time Tea

## Saturday, May 18th

8:00 Breakfast	1:00 Puzzling
10:00 Morning Exercise	2:00 Exercise & Movement
10:45 AM Snack & Hydration	2:45 PM Snack & Hydration
11:00 Daily Chronicles &	3:00 Reading Club
11:15 Set tables for lunch	3:45 Word Searches
<b>11:45 Hand Washing</b>	4:30 Set tables & fill drinks
12:00 Lunch	<b>4:45 Hand Washing</b>
	5:00 Dinner
	6:15 Easy Music Listening
	7:30 Game Shows

## Wednesday, May 15th

**National Chocolate Chip Day**

8:00 Breakfast	1:00 Baking Club with Grace" Chocolate chip cookies
9:30 Exercise with Grace	2:30 Happy Hour in AL <i>with Kelsey Millicent</i>
10:00 -12:00 <b>SCENIC DRIVE</b>	3:30 PM Seated Exercise
10:30 AM Snack & Hydration	4:30 Set tables & fill drinks
10:45 Reading Club	<b>4:45 Hand Washing</b>
11:30 Set tables & fill drinks for lunch with residents	5:00 Dinner
<b>11:45 Hand Washing</b>	6:30 Puzzles: Your Choice

## Sunday, May 19th

8:00 Breakfast	1:00 BINGO
10:00 Seated Exercise Class	2:00 Hand Massages/Manicures
10:30 Mass on TV-Channel 9	3:00 PM Snack & Hydration
11:00 Hymn Sing-A-Long	3:30 Time Slips
11:30 Set tables & fill drinks with residents	4:30 Set Tables & fill drinks with residents
<b>11:45 Hand Washing</b>	<b>4:45 Hand Washing</b>
12:00 Lunch	5:00 Dinner
	6:15 Game Shows
	7:30 Lawrence Welk Show

## Thursday, May 16th

8:00 Breakfast	1:00 Easy Music Listening
9:30 Stretch & Bend Exercise with Grace	2:00 Animal Talk: <b>Koala</b>
10:00 UNO	3:00 PM Snack & Hydration
10:15 Puzzling	3:30 Spring Word Puzzles
11:00 Pet Therapy with Bella	4:30 Set tables & fill drinks w Residents
<b>11:45 Hand Washing</b>	<b>4:45 Hand Washing</b>
12:00 Lunch	5:00 Beer and Pizza Night
12:30 Music with Alexa: Fran's Choice	6:15 Montessori Trays
	7:30 Easy Listening Music

