

Memory Support Weekly Schedule

Monday April 29th

AM Daily Mass ^{YOUTUBE}
 AM Exercise
 AM Puzzle Pals
 AM Daily Chronicles ^{AC}
 AM Makeovers
 AM Happy Helpers - Lunch Prep
 Noon Devotions
 AFN Slice & Snack – Apples
 AFN Chit Chats On The Porch
 AFN Hand Massages - Aromatherapy
 3:30 **Scenic Van Ride - The Smell Of Lilacs**
 AFN Manicures - Nail Care
 AFN Stringing Fruity Bird Treats
 4:30 Rosary ^{TV}
 4:00 **Player Piano & Coffee** ^{CS}
 AFN Happy Helpers - Supper Prep
 PM Andy Griffith Show ^{PLUTO}

Tuesday April 30th

AM Daily Mass ^{YouTube}
 AM Staff Lead Exercise
 AM Daily Chronicles
 9:30 **Exercise with Cindy** ^W
 AM Finish The Line
 AM Happy Helpers - Lunch Prep
 Noon Devotions
 AFN **Get Shopping Lists Filled Out & Turned In**
 2:30 **Goat Visits**
 AFN Shoe Shining
 AFN Lemonade On The Patio
 AFN Planting Succulents
 4:45 **Rosary** ^{CH}
 AFN Happy Helpers - Supper Prep
 PM Happy Helpers - Laundry Folders
 PM Hot Apple Cider & Dominos
 PM Classic TV Shows: BeWitched ^{Tubi}

Personal Shopper Week—Lists Due Tuesday

Wednesday May 1st

AM Daily Mass ^{YouTube}
 AM Staff Lead Exercises
 AM Puzzle Pals
 9:30 **Exercise with Cindy** ^W
 AM Happy Helpers - Lunch Prep
 AM Daily Chronicles ^{Activity Connection}
 Noon Devotions
 1:15 **Charlie & Suzie Visit**
 AFN AREO GARDEN
 AFN Piano Music with Carol M.
 AFN **Help Deliver Shopping Items**
 AFN **May Day Baskets with Heather & Dawn**
 ANF Aromatherapy-
 Handwashing Crystal & Porcelain
 3:30 **Outing Rivoli Theater - UNSUNG HERO \$10**
 4:30 Rosary ^{DVD}
 AFN Happy Helpers - Supper Prep
 PM Happy Helpers - Laundry Folders
 PM Creating Pairs - Card Game
 PM Classic TV Shows: Gilligan's Island ^{Tubi}

Personal Shopper Day

Thursday May 2nd

AM Daily Mass ^{YouTube}
 AM Exercises
 9:30 **Exercise with Cindy** ^W
 AM Daily Chronicles ^{Activity Connection}
 AM Happy Helpers - Lunch Prep
 Noon Devotions
 AFN Book Club
 AFN Music & Instrument Fun
 2:00 **Dulcimers Entertain**
 AFN Slicing Cheese
 AFN Bingo
 3:00 **Lutheran Communion**
 AFN Indoor Corn Hole Game
 4:30 **Player Piano & Coffee** ^{CS}
 4:30 Rosary ^{DVD}
 AFN Happy Helpers - Supper Prep
 PM Evening Snack: Cheese & Crackers
 PM Take A Walk On The AL Side
 7:00 Backyard Farmer *70th Anniversary* ^{NET ch.17}

Friday May 3rd

AM Rosary ^{DVD}
 AM Exercise
 AM Daily Chronicles
 9:30 **Exercise with Cindy** ^W
 10:15 **Good Morning Outing Van Drive**
 AM Happy Helpers - Lunch Prep
 Noon Devotions
 AFN Make & Bake Cookies
 2:00 **Dessert Picnic @ Morrison Gardens**
 AFN Take A Walk To Get Caramel Popcorn
 AFN Fresh Air Conversations
 AFN Cleaning Up The Courtyard & Planters
 AFN Root Beer Float Social
 AFN Movie: Road To Bali ^{TUBI}
 4:00 **First Friday - Catholic Services** ^{CH}
 AFN Happy Helpers - Supper Prep
 PM Flavored Hot Tea & Book Club
 PM Take A Walk On AL Side
 PM Classic TV Show: Gunsmoke ^{PlutoTV}
 PM Happy Helpers - Laundry Folders

Saturday May 4th

AM Daily Mass ^{YouTube}
 AM Daily Chronicles ^{Activity Connection}
 AM Lookin' Lovely - Morning Makeovers!
 AM Short Easy Seated Exercises
 AM Happy Helpers - Lunch Prep
 Noon Devotions
 AFN Hangman Word/Brain Game
 AFN Washing The Delicate Dishes
 AFN Polishing The Silver
 AFN Voices Together - Singing Group
 AFN High Low Card Game
 AFN Baking No-Yeast Dinner Rolls
 AFN Cookies & Coffee Social
 AFN Balloon Volleyball
 AFN Puzzles Anyone?
 AFN Happy Helpers - Supper Prep
 PM Brain Games
 6:00 Lawrence Welk ^{TV Ch.17}
 PM Happy Helpers - Laundry Folders

Sunday May 5th

AM Upper Body Relaxation Exercises
 10:30 First Presbyterian Church Service ^{FB LIVE}
 AM Daily Chronicles ^{Activity Connection}
 Noon Devotions
 AFN PLAYING CARD BINGO
 AFN Hymn Sing Along
 AFN Puzzles with Pals
 AFN SOCK SORTERS... Matching Fun
 AFN Mock Margaritas & Chip with Salsa
 AFN Happy Helpers - Sorting Tupperware
 AFN Spiritual Coloring Pages ^{AC}
 4:30 Rosary ^{TV}
 AFN Happy Helpers - Supper Prep
 PM Reminiscing—Memories ^{YouTube}
 PM Happy Helpers - Laundry Folders
 PM Elvis Movie: Easy Come, Easy Go ^{PLUTO}
 PM Warm Tea & Cookies
 Televised Church Services
 6am Hour of Power (OXYGN ch.49)
 8:00 Peace Lutheran Church (TV ch.181)
 9:00 Presbyterian Church Service (TV ch.181)
 9:30 Catholic Mass (TV ch.5)
 4:00 Saint Marks Episcopal (TV ch.181)

The Heritage
at College View

All Activities & Times
Are Subject to Change
Activities Are Conducted Dependent Of Residents Needs & Wants
(CH) Chapel (AFN) Afternoon
(AL) Assisted Living
(GC) GoldenCarers.com (AC) ActivityConne-