

# Memory Support Weekly Schedule

## Monday April 15th

AM Daily Mass <sup>YOUTUBE</sup>  
 AM Exercise  
 AM Puzzle Pals  
 AM Daily Chronicles <sup>AC</sup>  
 AM Makeovers  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Slice & Snack – Apples  
 AFN Chit Chats On The Porch  
 AFN Hand Massages - Aromatherapy  
 3:30 **Scenic Van Ride - 4 H Barns**  
 AFN Manicures - Nail Care  
 AFN Stringing Fruity Bird Treats  
 4:30 Rosary <sup>TV</sup>  
 4:00 **Player Piano & Coffee** <sup>CS</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Andy Griffith Show <sup>PLUTO</sup>

## Tuesday April 16th

AM Daily Mass <sup>YouTube</sup>  
 AM Staff Lead Exercise  
 AM Daily Chronicles  
 9:30 **Exercise with Karlay** <sup>W</sup>  
 AM Finish The Line  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 1:00 **Shopping Trip To Aurora \*JoJo's Gelato**  
 AFN Music & Instrument Fun  
 AFN Shoe Shining  
 AFN Lemonade On The Patio  
 AFN Beer Bread & Reminisce  
 4:15 **Mookie & Becky - Fur Friend Visits**  
 4:45 **Rosary** <sup>CH</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Happy Helpers - Laundry Folders  
 PM Hot Apple Cider & Dominos  
 PM Classic TV Shows: BeWitched <sup>Tubi</sup>

## Wednesday April 17th

AM Daily Mass <sup>YouTube</sup>  
 AM Staff Lead Exercises  
 AM Puzzle Pals  
 9:30 **Exercise with Karlay** <sup>W</sup>  
 AM Happy Helpers - Lunch Prep  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 Noon Devotions  
 1:15 **Charlie & Suzie Visit**  
 AFN AREO GARDEN  
 AFN Piano Music with Carol M.  
 AFN Banana Splits  
 ANF Handwashing Crystal & Porcelain  
 2:30 **Balloon Fly-Swatter Tennis**  
 3:00 **Mustang Rides THANK YOU HASTINGS FORD**  
 4:30 Rosary <sup>DVD</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Happy Helpers - Laundry Folders  
 PM Creating Pairs - Card Game  
 PM Classic TV Shows: Gilligan's Island <sup>Tubi</sup>

## Thursday April 18th

AM Daily Mass <sup>YouTube</sup>  
 AM Exercises  
 9:30 **Exercise with Karlay** <sup>W</sup>  
 10:15 **Good Morning Outing Van Drive**  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Book Club  
 AFN **Get Shopping Lists Filled Out & Turned In**  
 1:30 **"LIVE ZOOM" Blooms & Blossoms \*Music** <sup>CS</sup>  
 AFN UNO  
 AFN Slicing Cheese  
 AFN Bingo  
 AFN Indoor Corn Hole Game  
 4:30 **Player Piano & Coffee** <sup>CS</sup>  
 4:30 Rosary <sup>DVD</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Evening Snack: Cheese & Crackers  
 PM Take A Walk On The AL Side  
 7:00 Backyard Farmer \*70th Anniversary\* <sup>NET ch.17</sup>

## Friday April 19th

AM Rosary <sup>DVD</sup>  
 AM Exercise  
 AM Daily Chronicles  
 9:30 **Exercise with Cindy** <sup>W</sup>  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Make & Bake Pineapple Upside-Down Cake  
 2:00 **Ann Bremer Entertains**  
 AFN Take A Walk To Get Caramel Popcorn  
 AFN Fresh Air Conversations  
 AFN Cleaning Up The Courtyard & Planters  
 AFN **Help Deliver Shopping Items**  
 AFN Root Beer Float Social  
 AFN Movie: Secret Lives Of Big Cats <sup>TUBI</sup>  
 4:00 **Fresh Air Drive**  
 4:30 **Catholic Services** <sup>CH</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Flavored Hot Tea & Book Club  
 PM Take A Walk On AL Side  
 PM Classic TV Show: Gunsmoke <sup>PlutoTV</sup>  
 PM Happy Helpers - Laundry Folders

**Personal  
Shopper  
Day**

## Saturday April 20th

AM Daily Mass <sup>YouTube</sup>  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 AM Lookin' Lovely - Morning Makeovers!  
 AM Short Easy Seated Exercises  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Hangman Word/Brain Game  
 AFN Washing The Delicate Dishes  
 AFN Polishing The Silver  
 AFN Voices Together - Singing Group  
 AFN High Low Card Game  
 AFN Baking No-Yeast Dinner Rolls  
 AFN Cake & Coffee Social  
 AFN Balloon Volleyball  
 AFN Puzzles Anyone?  
 AFN Happy Helpers - Supper Prep  
 PM Brain Games  
 6:00 Lawrence Welk <sup>TV Ch.17</sup>  
 PM Happy Helpers - Laundry Folders

## Sunday April 21st

AM Upper Body Relaxation Exercises  
 10:30 First Presbyterian Church Service <sup>FB LIVE</sup>  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 Noon Devotions  
 AFN PLAYING CARD BINGO  
 AFN Hymn Sing Along  
 AFN Puzzles with Pals  
 AFN Happy Helpers - Sorting Tupperware  
 AFN Spiritual Coloring Pages <sup>AC</sup>  
 4:30 Rosary <sup>TV</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Reminiscing– Memories <sup>YouTube</sup>  
 PM Happy Helpers - Laundry Folders  
 PM Elvis Movie: Easy Come, Easy Go <sup>PLUTO</sup>  
 PM Warm Tea & Cookies  
 Televised Church Services  
 6am Hour of Power (OXYGN ch.49)  
 8:00 Peace Lutheran Church (TV ch.181)  
 9:00 Presbyterian Church Service (TV ch.181)  
 9:30 Catholic Mass (TV ch.5)  
 4:00 Saint Marks Episcopal (TV ch.181)

The Heritage  
at College View

All Activities & Times  
Are Subject to Change  
Activities Are Conducted Dependent Of Residents Needs & Wants  
(CH) Chapel (AFN) Afternoon  
(AL) Assisted Living  
(GC) GoldenCarers.com (AC) ActivityConnec-