

# MAY 2024

Heritage Ridge

SUN

MON

TUE

WED

THU

FRI

SAT

One Sunny May Morning

One sunny May morning  
I planted some seeds.  
I watered them daily  
And pulled out the weeds.

I watered and weeded,  
Till one July day  
I went to my garden  
And picked a bouquet!



Fresh Flower Arranging  
May 10  
1:30

Just in time for  
Mother's Day!



We will have  
everything you  
need to make a  
nice bouquet for  
your room!

**1**  
10:00 Baker's



11:00(T) Rosary



1:30(C) Music by  
Livin Easy Band

3:00(P) Games  
with friends

4:00(P) Book  
Club Return &  
Discussion

5:30(T) Catholic  
Communion

**2**  
10:00(X) Tai Chi  
10:45(L) Coffee &  
Daily Chronicles  
11:15-11:45(C)  
Lutheran Service  
with Pastor Ken

1:00(P) Yahtzee  
2:30(P) Bingo

3:45(T) Music  
Jim Butler



5:30(C) Movie &  
Popcorn:  
OKLAHOMA PRIME



**3**  
10:00(X) Ring  
Toss  
10:45(L) Coffee &  
Daily Chronicles  
1:30(P) Sequence



3:00(P) Happy  
Hour  
Birthday  
Party



5:30(D) Ice Tea &  
Summer Stories



**4**  
10:00(X)  
Dancercise  
10:45(G1) Nail  
Care

1:00(A) Craft:  
Marshmallow  
Flowers

2:00(G1) Kings  
in the Corner

3:00(C) Corner  
Store

5:00ish (T)  
Kentucky  
Derby  
Horserace  
NBC—Ch#8

**5**  
10:30(T) Catholic  
Mass on TV ch#8  
11:00(C) Calvary  
Christian Church  
& communion

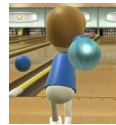


2:30(P) "Cinco de  
Mayo" Bingo

4:00(L) Ice Cream  
and Social Time



**6**  
9:00(T) VIP's  
Custom Hearing  
10:30(T) Wii  
Bowling



10:45(L) Coffee &  
Daily Chronicles

1:30 Ice Cream  
Run to DQ

4:00(P) Book  
Club Pick Up—  
everyone welcome

5:30(G2) Chicken  
Foot

**7**  
9:00-12:00 \$22  
Lauritzen Gardens  
& Tram  
Ride



10:45(L) Coffee &  
Daily Chronicles

1:00(P) Canasta

2:30(C) Bean Bag  
Toss

3:00(C) Corner  
Store

6:00(C) Bible  
Study with John

**8**  
10:00 Baker's



1:30(T) Catholic  
Mass

2:30(C) Music by  
Bill Chastil

3:00(P) Pie Face



**9**  
10:00(X) Tai Chi  
on DVD  
10:45(L) Coffee &  
Daily Chronicles  
11:15-11:45(C)  
Lutheran Service  
with Pastor Ken

2:00(P) Sing-a-  
long with Tim

2:30(P) Bingo

3:45(P) Farkle



**10**  
10:00(X) Ring  
Toss  
10:30(L) Animal  
Scatter Joy Acres  
10:45(L) Coffee &  
Daily Chronicles  
1:00(G1) Fresh  
Flower Arranging

2:00(P) OnCare:  
Why Walk?

3:00(P) Happy  
Hour

5:30(C) Movie &  
Popcorn  
"Mother's Day"

PRIME

**11**  
10:00(X)  
Dancercise  
10:45(G1) Nail  
Care

1:00 Afternoon  
Bus Ride



3:00-3:30(C)  
Corner Store

**12**  
HAPPY  
MOTHER'S  
DAY  
10:30(T) Catholic  
Mass on TV ch#8



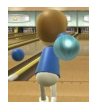
11:00(C) Calvary  
Christian Church  
& communion

2:30(P) Bingo

4:00(L) Ice Cream  
and Social Time



**13**  
10:00(T) Wii  
Bowling



10:45(L) Coffee &  
Daily Chronicles

1:30(C)

**Town Hall**

2:30(P) Skip-bo

3:00(C) Hymn  
Sing-a-long with  
Lenore & Rachel

5:30(C) Secrets  
of the National  
Parks-Southwest

PRIME



**14**  
7:15-10:00 Bingo  
at Chick-fil-a



10:45(L) Coffee &  
Daily Chronicles

1:00 Planting  
Flowers in the  
Courtyard Planter



3:00(C) Corner  
Store

6:00(C) Bible  
Study with John

**15**  
10:00 Walmart



11:00(T) Rosary



1:30(C) Music by  
Mary Link

3:00(P) Games  
with friends

5:30(T) Catholic  
Communion  
Service

**16**  
10:00(X) Tai Chi  
on DVD  
10:45(L) Coffee &  
Daily Chronicles  
11:15-11:45(C)  
Lutheran Service  
with Pastor Ken

1:00(P) Kings in  
the Corner

2:30(P) Bingo

5:30(G2) Chicken  
Foot



**17**  
10:00(X) Ring  
Toss  
10:45(L) Coffee &  
Daily Chronicles  
1:30(P)

Jenga



3:00(P) Happy  
Hour

5:30 Eagles Club  
\*\*\*Cash Only\*\*\*

Grilled Pork Chops,  
Mashed Potatoes,  
Peas & Gravy =\$10  
\*\*drinks extra\*\*



**18**  
10:00(X)  
Dancercise  
10:45(G1) Nail  
Care



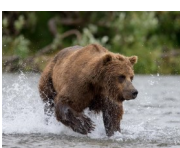




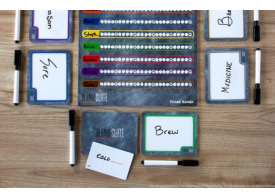







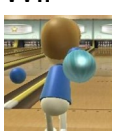

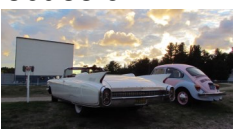
1:00(G1) Craft:  
Tea Flower  
Cards

2:00(G1) Kings  
in the Corner

3:00(C) Corner  
Store



# MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>19</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 2:30(P) Bingo 4:00(L) Ice Cream and Social Time</p> 	<p><b>20</b> 9:00(T) Hearing Aid / Ear Checks 10:30(C) Logan Fontenelle Middle School Choir  1:00(G) Farkle 1:30(P) <b>MEET &amp; EAT</b> 2:45(P) Cribbage 5:30(C) Secrets of the National Parks-Glacier Natl Park  PRIME</p>	<p><b>21</b> 10:00(X) Balloon Badminton 10:30(T) OnCare Grief Support 10:45(L) Coffee &amp; Daily Chronicles 1:00 Walking in the courtyard 1:30(P) Coffee with Pastor Chad 3:00(C)  6:00(C) Bible Study with John 6:15(D) Outside Art—Girl Scouts</p>	<p><b>22</b> 10:00 Baker's  11:00(T) Rosary 1:30(C) Music by Kevin &amp; Heidi Chang  3:00(P) Games with friends 5:30(T) Catholic Communion</p>	<p><b>23</b> 10:00(X) Tai Chi on DVD 10:45(L) Coffee &amp; Daily Chronicles 11:15-11:45(C) Lutheran Service with Pastor Ken 1:00(P) UNO 2:30(P) Bingo 4:00 Rockin in the Courtyard  5:30(P) Blank Slate—game </p>	<p><b>24</b> 10:00(X) Ring Toss 10:45(L) Coffee &amp; Daily Chronicles 1:00 Craft: Painting Flowers in the Courtyard  2:00(P) Kings in the Corner  3:00(P) Happy Hour 5:30(C) Popcorn &amp; Movie: "Hidalgo"  </p>	<p><b>25</b>  9:00-9:30 Sidewalk in front!  American Legion Riders—Honoring Veterans 10:00(X) Dancercise 10:45(G1) Nail Care 1:00(G1) Kings in the Corner 2:00(L) Coffee and Chit Chat 3:00(C) Store</p>
<p><b>26</b> 10:30(T) Catholic Mass on TV ch#8 11:00(C) Calvary Christian Church &amp; communion 2:30(P) Bingo 4:00(L) Ice Cream and Social Time</p> 	<p><b>27 Memorial Day</b> 10:00(T) Wii Bowling  10:45(L) Coffee &amp; Daily Chronicles 1:00(P) *Origins of Memorial Day 2:00(P) Scrabble 3:00 Rockin in the Courtyard 5:30(P) Spades</p>	<p><b>28</b> 10:00(X) Balloon Badminton 10:45(L) Coffee &amp; Daily Chronicles 1:00 Walking in the courtyard 2:00 Lemonade on the Deck 3:00(C) Corner Store 6:00(C) Bible Study with John</p>	<p><b>29</b> 10:00 Baker's  11:00(T) Rosary 1:30(C) Music by Hashtag Harmony NEW! 3:00(P) Games with friends 5:30(T) Catholic Communion</p>	<p><b>30</b> 10:00(X) Tai Chi on DVD 10:45(L) Coffee &amp; Daily Chronicles 11:15-11:45(C) Lutheran Service with Pastor Ken 1:00(P) Kings in the Corner 2:30(P) Bingo 5:30(P) Farkle</p>	<p><b>31</b> 10:00(X) Ring Toss 10:45(L) Coffee &amp; Daily Chronicles 1:30(P)*From Tail Fins to Tickets: Drive in Movies discussion  3:00(P) Happy Hour 5:30(P) Skipbo</p>	<p><b>Community FUN</b> ⇒Enjoy the sun on the 2nd floor deck ⇒Pool Table by #229 ⇒Dominoes on big tables by #209 ⇒Play the piano community room ⇒7 laps in assisted hall = 1 mile ⇒Computer in the library ⇒Games in the game room <b>All Day Long!</b></p>

**Activity Locations:**

- A-Activity Room
- C-Community Room(2nd floor)
- D-Deck \*(2nd floor)
- G-Game Room
- L-Library
- P-Pub
- T-Theater
- X-Exercise Room

**Color Key**

- RSVP (sign up is by the mailboxes)
- CRAFT
- MUSIC
- RELIGIOUS

**MEAL TIMES:**

- Breakfast 7:00-9:00
- Lunch 11:00-1:00
- Supper 4:30-6:00

**Memorial Day** is a federal holiday in the United States for honoring and mourning the U.S. military personnel who died while serving in the United States Armed Forces.



**HAPPY BIRTHDAY**

5/14 Anne Embrey  
5/15 Judy Fili  
5/18 Sandra Matulka  
5/22 David Conley  
5/28 Jack Roth