


March 11th-March 17th



Heritage
Pointe

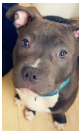



Monday, March 11th


8:00 Breakfast	1:00 Coloring Pages
10:00 Exercise Class	2:15 Baking Club: <i>Staff Choice</i>
10:45 AM Snack & Hydration	3:00 Daily Chronicles
11:00 Pictionary	3:15 PM Snack & Hydration
11:30 Set Tables for Lunch & Music with Alexa: <i>Staff Choice</i>	3:30 TV Show BINGO
12:00 Lunch	4:30 Set tables & fill drinks w residents
	5:00 Dinner
	6:00 Game Shows
	7:00 Sleepy Time Tea & Wind Down



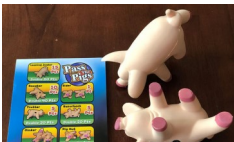
Friday, March 15th

8:00 Breakfast	1:00 Travel Video: Ireland
10:15 Seated yoga with Elaine	2:00 PM Stretching and Exercise
10:30 AM Snack & Hydration	2:45 Reading Club
10:45 Visit with Dude	3:00 PM Snack & Hydration
11:15 Music with Alexa: <i>Staff Choice</i>	4:00 Hand Massages
	4:30 Set tables & fill drinks w residents
11:30 Set tables for lunch	5:00 Dinner
12:00 Lunch	6:00 Popcorn & Netflix Movie: Blues Brothers
	


Tuesday, March 12th

8:00 Breakfast	1:15 Name that Tune
10:00 Exercise Class	2:00 Horse Races
10:30 Visit with Doochi	3:00 PM Snack & Hydration
11:00 Lucky Dog	3:15 Walking Club
11:30 Set tables for lunch & fill drinks with residents	4:30 Set tables & fill drinks with residents
12:00 Lunch	5:00 Dinner
	6:00 Word Searches
	7:30 Sleepy Time Tea & Wind Down

Saturday, March 16th

8:00 Breakfast	1:00 Easy Listening Music
10:00 Morning Exercise	2:15 PM Exercise & Movement
10:45 AM Snack & Hydration	2:45 PM Snack & Hydration
11:30 Daily Chronicles & Set tables for lunch	3:00 Toss the Pigs
12:00 Lunch	4:00 Word Game
	4:30 Set tables & fill drinks
	5:00 Dinner
	6:00 Relaxing Music
	7:30 Game Shows & Wind Down

Wednesday, March 13th

8:00 Breakfast	1:30 Activity with Kelly & Vicki
10:00 Scenic Drive	2:30 MARCH BIRTHDAY PARTY & Happy Hour in AL with Amy Cerny
11:30 Set tables & fill drinks for lunch with residents	3:30 PM Seated Exercise
12:00 Lunch	4:30 Set tables & fill drinks with residents
	5:00 Dinner
	6:30 Cards
	7:30 Game Shows & Wind Down




Sunday, March 17th

Saint Patrick's Day 

8:00 Breakfast	1:00 BINGO
10:00 Seated Exercise Class	2:00 Manicures & Hand Massages
10:30 Mass on TV-Channel 9	3:00 PM Snack & Hydration
11:00 Hymn Sing-A-Long	3:30 Time Slips
11:30 Set tables & fill drinks with residents	4:30 Set Tables & fill drinks with residents
12:00 Lunch	5:00 Dinner
	6:15 Sing-a-long
	7:30 Game Shows & Wind Down

Thursday, March 14th

9:30 Stretch & Bend Exercise with Joy	1:00 Sing-a-long
10:00 AM Snack & Hydration	2:00 Animal Talk: Chameleon
10:15 Puzzling with Joy	3:00 PM Snack & Hydration
11:00 Pet Therapy with Bella	3:30 Time Slips
12:00 Lunch	4:30 Set tables & fill drinks w residents
	5:00 Dinner
	6:00 Montessori Trays
	7:30 Easy Listening Music & Sleepy Time Tea

