

FOUNTAIN VIEW

SENIOR LIVING

By Heritage Communities

Breakfast

Lunch

Dinner

Monday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Fried Egg, Ham & Cheese on Croissant
- Tri Tater

- Marinated Italian Pork Loin with Brown Gravy and Stuffing
- Roasted Brussel Sprouts
- Cherry Crisp
- Afternoon Snack: Apple Slices with Peanut Butter

- Chicken Breast Florentine over Buttered Linguine
- Italian Blend Vegetables
- Breadstick
- Fruit Cobbler
- Evening Snack: Cheese & Crackers

Tuesday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Cheese Omelet
- Sausage Links
- French Toast

- Broccoli Cheese Soup
- Crispy Chicken Sandwich
- Tater Tots
- Sherbert with Fruit
- Afternoon Snack: Hummus & Crackers

- Sliced Roast Turkey
- Baked Sweet Potato with Butter & Brown Sugar
- Green Bean Casserole
- Wheat Dinner Roll
- Pumpkin Pie
- Evening Snack: Popcorn

Wednesday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Breakfast Ham Slice
- Breakfast Muffin

- Swedish Meatballs over Buttered Egg Noodles
- Squash Medley
- Creamy Fruit Salad
- Afternoon Snack: Strawberry Banana Smoothie

- Italian Baked Fish with Barley Pilaf
- Asparagus Tips
- Wheat Dinner Roll
- Tiramisu
- Evening Snack: Yogurt Parfait

Every day offerings

Cottage Cheese & Fruit Plates • Grilled Chicken, Chicken Tender or Chef Salad
 Grilled Cheese • Hamburger or Polish Dog on a Bun • Grilled/Breaded Chicken Sandwich
 Hot or Cold Deli Sandwich with Chips • Mashed Potatoes • Fruit & Yogurt

Breakfast

Lunch

Dinner

Thursday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Cheesy Eggs
- Canadian Bacon
- Cinnamon Roll

- Pizza
- Spinach & Bacon Salad
- Garlic Bread Stick
- Fruit Salad
- Afternoon Snack: Raisin & Nut Snack Mix

- Beef Stroganoff over Noodles
- Baby Carrots
- Wheat Dinner Roll
- Glazed Applesauce Cake
- Evening Snack: Ice Cream Bar

Friday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Southwest Omelet Bake
- Breakfast Ham Slice
- Biscuit

- Apple Glazed Pork Loin
- Cornbread Stuffing
- Carrots
- Cranberry Crumble
- Afternoon Snack: Fruit Muffin

- Spaghetti with Marinara and/or Meatballs
- Parmesan Baked Zucchini
- Garlic Bread
- Lemon Bar
- Evening Snack: Half PB&J Sandwich

Saturday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Sausage Gravy & Biscuits
- Fruit Cup

- Grilled Ham & Swiss Sandwich
- Potato Salad
- Steamed Broccoli
- Fruit Shortcake
- Afternoon Snack: Popcorn

- Meatloaf
- Mashed Potatoes & Gravy
- Seasoned Yellow Squash
- Wheat Dinner Roll
- Frosted Gelatin Poke Cake
- Evening Snack: Fruit Muffin

Sunday

- Choice of Hot or Cold Cereal
- Choice of Eggs: Scrambled, Over Easy, Med, Hard
- Pancakes & Syrup
- Sausage Patty

- Philly Cheesesteak Sandwich w/ Onions & Peppers
- Ranch Potato Wedges
- Tapioca Pudding
- Afternoon Snack: Fresh Berries

- Baked Ceasar Chicken Thigh
- Roasted Red Potatoes
- Buttered Carrots
- Pumpkin Cake with Whipped Topping
- Evening Snack: Ice Cream Cup

Thank you for dining with us!