

The Heritage at Fountain Point

Breakfast

Lunch

Dinner

MONDAY

- Choice of eggs
- Oatmeal
- Baked Ham
- Choice of Toast
- Biscuits & Gravy
- Choice of Cereal

- Sloppy Joes with Pickles, Served with Onion Rings and Mixed Veggies
- Chicken Caesar Salad with Croutons, Bacon, Tomato
- Dessert - Sherbet or Fruit

- Turkey Salad on a Croissant with Lettuce and Tomato, Carrot Slaw and Chips
- Crispy Chicken Wrap with Ranch, Tomato, Bacon, and Lettuce, Served with Chips and Carrot Slaw
- Dessert - Brownies or Fruit

TUESDAY

- Choice of eggs
- Oatmeal
- Bacon
- Choice of Toast
- Cinnamon Rolls
- Choice of Cereal

- Beef Pot Roast with Carrots, Celery, Onions, and Potato in a Rich Brown Sauce
- Chicken Fried Steak with Mashed Potato, Country Gravy, and Steamed Carrots
- Dessert – Apple Crisp or Fruit

- Soft Shell Tacos with Spanish Rice, Refried Beans, Salsa and Sour Cream
- Honey Mustard Grilled Chicken with Fried Onions, Roasted Potato and Zucchini
- Dessert – Vanilla Cake or Fruit

WEDNESDAY

- Choice of eggs
- Oatmeal
- Sausage Links
- Choice of Toast
- Hash Browns
- Choice of Cereal

- Lasagna with Meat Sauce, Served with Steamed Broccoli and a Garlic Bread
- Chicken with Shredded Ham, and Swiss Cheese, Served with Mashed Potato, gravy, and Mixed Veg
- Dessert – Jell-O Parfait

- BBQ Bacon Cheeseburgers with Fries and Mixed Veggies
- Chicken Stew Over Biscuits with Veggies
- Dessert – Butterscotch Pudding or Fruit

Everyday offerings

Soup of the Day • Assorted Fruit – Changes Daily • Chef Salad • Deli Sandwich with Chips
 Macaroni and Cheese • Chicken Strips with Chips & Daily Veggies
 Grilled Cheese Sandwich with Chips and Daily Veggies • Chef's Choice Desserts

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THURSDAY

- Choice of eggs
- Oatmeal
- Bacon
- Choice of Toast
- Pancakes
- Choice of Cereal

- Meatloaf with Mashed Potato, Gravy, and Green Beans Casserole
- Roast Turkey with Stuffing, Turkey Gravy, and Green Bean Casserole
- Peach Cobbler or Fruit

- Pork Chop with Mushrooms, Served with Egg Noodles and Buttered Peas
- Grilled Chicken with Mixed Veggies and Garlic Bread
- Dessert – Banana Bars or Fruit

FRIDAY

- Choice of eggs
- Oatmeal
- Sausage Links
- Choice of Toast
- French Toast
- Choice of Cereal

- Chicken Cordon Bleu with Wild Rice, and Zucchini Blend Veg
- Steak Salad with Tomato, Bacon, Fried Onions, and Choice of Dressing
- Dessert – Coconut Cream Pie

- BBQ Chicken Breast with Potato Au Gratin, and Green Beans
- Open Faced Hot Roast Beef Sandwich with Mashed Potato, Gravy and Green Beans
- Brownies with Vanilla Ice Cream

SATURDAY

- Choice of eggs
- Oatmeal
- Sausage Patties
- Choice of Toast
- Waffles
- Choice of Cereal

- Slow Roasted Brisket with Roasted Potatoes
- Spaghetti with Meat Sauce and Garlic Bread
- Dessert - Kolache

- Hot Ham and Cheese Sandwich with Potato Salad
- Breaded Pork Cutlet with Mashed Potato, Country Gravy, and Buttered Peas
- Cinnamon Roll or Peaches

SUNDAY

- Choice of eggs
- Oatmeal
- Bacon
- Choice of Toast
- Breakfast Sandwich
- Choice of Cereal

- Shrimp and Fries with Coleslaw and Cocktail Sauce
- BBQ Beef on a Bun with Yellow Cheese and Pickles, Served with Fries and Cole slaw
- Dessert – Hot Fudge Sundae

- Egg Salad Sandwich with Lettuce, and Tomato, Served with Pasta Salad
- Ham and Cheese Quiche with Fresh Fruit
- Apple Pie with Vanilla Ice Cream

Thank you for dining with us!