

Independent Living | Assisted Living Memory Support

## Independent Living

SUN	MON	TUE	WED	THU	FRI	SAT
C-Cafe CY-Court Yard DR-Dining Room Exercise Class is in the Wellness Room CR-Community Room Sign Language Class-Café Nail Care- Beauty Shop	Activities are subject to change. We will notify you as soon as possible if we are expecting a change to occur on the activity calendar. Thank you!	Resident Birthdays 10 Joy C 10 Joy M	Staff Birthdays 3 Mercedes N 6 Emile S 6 Bryana J 17 Liz M 21 Melissa T 21 Lydia A 26 Reaghan M 27 Amanda B 30 Tyanna C	Who ever has the best costume for the Halloween Party will win a prize! Wear your best costume and good luck!		1 10:00 Exercise-Self Lead 11:00 Walking Club 11:00 Puzzle Club-CR 2:00 Choose a Game in the Community Room 6:00 Evening Stroll-Grab a Friend
2 10:00 Self Lead Exercise-WR 11:00 Walking Club 2:00 Card Games-CR 3:00 UNO in the Café 6:00 Fireside Chat	9:30 Catholic Communion-AL 10:00 Exercise 11:00 Walking Club 11:15 Leave for Lunch at Pizza Ranch-Please RSVP 2:00 Nail Care- BS 3:00 Kings on the Corner	A National Taco Day! 10:00 Exercise 10:30 Puzzle Club 1:30 Sign Language Class 12:00 Taco Bar 2:00 Bingo-CR 3:00 Golfing in the Hallway 6:30 Tuesday Night Cap-BYOB	9:00 Rosary-AL 10:00 Exercise Class 10:30 Trivia-C 11:00 Walking Club 2:00 Toe Nail Painting in the Beauty Shop 3:00 Town Hall Meeting-DR 4:00 Cards-C	6 10:00 Exercise 11:00 Walking & Stair Step- pers Club 11:00 Crosswords-CR 1:30 Sign Language Class 2:00 Piggy Bank Bingo-CR 3:00 Coffee with Pumpkin Spice Flavor-C		8 10:00 Exercise Class-Self Lead 11:00 Walking Club 2:00 UNO-CR 3:00 Afternoon Stroll-Grab a Friend and Get Some Fresh Air
9 10:00 Self Lead Exercise-WR 11:00 Walking Club 2:30 Bunco- CR 3:30 Relaxing in the Courtyard 6:00 Game Night-CR	10 9:30 Catholic Communion- AL 10:00 Self Lead Exercise 2:00 Train Domino's in the Community Room 3:00 Relaxing in the Courtyard	11 10:00 Exercise 11:00 Walking 11:00 Lunch at The Farmhouse 1:30 Sign Language Class 2:00 Orange Prize Bingo-CR 3:00 Bean Bag Bash-Self Lead-CR 6:30 Tuesday Night Cap-BYOB	12 Library Day! 10:00 Exercise Class 11:00 Walking Club 10:45 Christian Church Service with Pastor Blodgett-MS 2:00 Dementia Support Group 5:00 Pot Luck- Please RSVP	13 10:00 Exercise 11:00 Walking & Stair Steppers Club 11:00 Puzzles- CR 1:30 Sign Language Class 2:00 Bingo-CR 3:00 Self Serve Your Pumpkin Pie in the Cafe	14 9:00 Shopping at Walmart 10:00 Self Lead Exercise Class 10:30 Walking Club 2:00 Music of Billy Troy-DR 3:00 Dessert Sampling-C 6:00 Friday Evening Wine Social-C	15 10:00 Exercise Self Lead 11:00 Walking Club 2:00 Relaxing in the Courtyard 3:00 Let's Play Bunco-CR
16 10:00 Self Lead Exercise-WR 11:00 Walking Club 2:00 Board Games in the Community Room 3:00 Kings on the Corner-CR	17 9:30 Catholic Mass-AL 10:00 Exercise Class 11:30 Leave for Lunch at Cracker Barrel 2:00 Halloween Themed Hang Man Game-CR 3:00 Cards-C	18 10:00 Exercise Class 10:30 Walking & Stair Steppers Club 1:30 Sign Language Class 2:00 Bingo-CR 3:00 Bowling in the Hallway 6:30 Tuesday Night Cap-BYOB	19 9:00 Rosary-AL 10:00 Exercise Class 10:30 Women's Coffee Social-C 11:00 Walking 2:00 Scatter Joy Acres Visits-C 3:00 Food Hall Meeting-DR	20 10:00 Exercise 11:00 Walking & Stair Steppers 1:00 to 2:00 Time- less Apparel La- dies Boutique by the Dining Room 1:30 Sign Language Class 2:00 Piggy Bank Bingo-CR 3:00 Ice Cold Beer -Cafe	21 9:00 Shopping at Hy-Vee 10:00 Video Exercise 11:00 Walking Club 2:00 Toss Em' Card Bingo-CR 3:00 Fresh But- tery Popcorn Social-Café	22 10:00 Exercise Class-Self Lead 11:00 Walking Club 2:00 Board Games-CR 3:00 Talk Current Events in the Cafe
23 10:00 Self Lead Exercise 11:00 Walking Club 2:00 UNO-C 30 10:00 Self Lead Exercise 11:00 Walking Club 2:00 Card Games-Cafe	24 9:30 Cath. Communion-CH 10:00 Exercise 2:00 Bingo-CR 3:00 Nail Care 31 9:30 Cath Communion 10:00 Exercise 2:00 Halloween Party with George and the	25 10:00 Exercise 10:30 Walking Club & Stair Steppers 11:00 Lunch at Spaghetti Works 1:30 Sign Language Class 2:00 Bingo-CR 3:00 October Birthday Party-C 6:30 Tuesday Night Cap-BYOB	9:00 Rosary-AL 10:00 Exercise Class 11:00 Walking Club 11:00 Flavored Coffee Social with Creamer-C 2:00 Relaxing in the Courtyard 3:00 Card Games in the Cafe	27 10:00 Exercise Class 11:00 Walking & Stair Steppers Club 11:00 Puzzle Time-CR 1:30 Sign Language Class 2:00 Piggy Bank Bingo-CR 5:30 Trick or	28 9:00 Shopping at Target 10:00 Video Exercise 11:00 Walking Club 2:00 Music of Rich Patton-MS 3:00 Fresh Buttery Popcorn Social with Flavored	10:00 Exercise Class-Self Lead 11:00 Walking Club 11:00 Puzzle Club in the CR 2:00 Kings on the Corner-C 3:00 Talk Current Events in the Cafe

