

September 2022

The Heritage  
at Fox Run

Independent Living | Assisted Living  
Memory Support

Memory Support

SUN

MON

TUE

WED

THU

FRI

SAT

<b>All activities held in Dining Area unless otherwise noted.</b>	<b>Activities are subject to change. We will notify you as soon as possible if we are expecting a change to occur on the activity calendar. Thank you!</b>	<b>Staff Birthdays</b> 3 Don R 8 Alesis M 9 Mckenna M 9 Kendra A 10 Abigail W 17 Karina G 18 Kiara S 20 Sherissa C 24 Mayra P	<b>Resident Birthdays</b>  3 Marianne K  27 Barbara S	<b>1</b> 8:30 Weather Discussion 9:30 Exercise 10:00 Walking Club 10:30 Vase Painting 2:00 Bingo 3:00 Bean Bag Bash Competition 6:00 Fall Flower Arranging	<b>2</b> 8:30 Word Finds 9:30 Exercise 10:15 Walking 10:30 Music Bingo Game 2:00 Whack em' Sticks Game 3:00 Orange Floats	<b>3</b> 8:30 9:30 Exercise 10:15 Walking Club 10:30 Coloring Pages 2:00 Bingo 3:30 Kings on the Corner Card Game 6:00 Lawrence Welk Show
<b>4</b> 8:30 Flower Arranging 9:30 Exercise Class 10:15 Walking Club 10:30 Water Color Books 2:00 Balloon Volleyball 6:00 Americas Funniest Video's	<b>5</b> <b>Labor Day!</b> 8:30 Rise and Shine Visits 9:30 Self Lead Exercise 9:30 Catholic Communion 10:30 Coloring Pages 3:30 Frozen Snacks 6:00 Trivia	<b>6</b> 8:30 1 on 1's 9:30 Walking Club 10:30 Coloring Pages 2:00 Bingo 3:00 Bowling Competition for National Bowling Day! 6:30 Watch Wheel of Fortune	<b>7</b> 8:30 Rise and Shine Visits 9:30 Exercise 10:00 Walking Club 10:30 Puzzle Party 1:00 Town Hall Meeting 1:30 Country Drive 3:30 Ice Cream Treats 6:00 Relaxing in the Courtyard	<b>8</b> 8:30 Daily Devotions 9:30 Exercise 10:00 Walking Club 10:30 Craft Time 2:00 Bingo 3:00 Hang Man Game 6:00 Movie Night with Popcorn	<b>9</b> 8:30 Talk Current Events 9:30 Exercise 10:30 The Matching Game 2:00 Music with Rick Darrel 3:30 Sweet Treats 6:00 Coloring	<b>10</b> 8:30 Daily Devotions 9:30 Exercise 10:15 Walking Club 10:30 Coloring Pages 2:00 Bingo 3:30 Bowling 6:00 Lawrence Welk Show
<b>11</b> 8:30 Share Daily Devotions 9:30 Exercise 10:30 Walking Club 10:30 Word Searches 2:00 Kings on the Corner 6:00 Watch America's Funniest Video's	<b>12</b> 8:30 Table Cleaning 9:30 Exercise 9:30 Catholic Communion 10:30 Jig Saw Puzzles! 2:00 Craft Time 3:00 Fresh Popcorn Social 6:00 Bowling Competition	<b>13</b> 8:30 One on One Visits 9:30 Exercise 10:00 Walking Club 10:30 Nail Care 2:00 Bingo 3:00 Bean Bag Bash 6:00 Word Finds	<b>14</b> 8:30 Rise and Shine Visits 9:30 Exercise 9:30 Rosary 10:15 Walking 10:45 Church with Pastor Blodgett 2:00 Penny Ante Conversations 3:00 Alphabet Name Game 6:00 Fresh Popcorn	<b>15</b> 8:30 Coloring Pages 9:30 Exercise 10:30 Good Morning Country Drive 2:00 Music with Paul Siebert-IL 3:00 Frozen Treats 6:30 Evening Trivia	<b>16</b> 8:30 Help with Breakfast Clean Up 9:30 Exercise 10:15 Walking Club 10:30 Name 5 Game 2:00 Relaxing in the Courtyard 6:00 Lotion Hand Massages	<b>17</b> 8:30 9:30 Exercise 9:45 Walking Club 10:30 Gardening Club in the Courtyard 2:00 Bingo 3:30 Ice Cream Treats 6:00 Lawrence Welk Show
<b>18</b> 8:30 Matching Game 9:30 Exercise 10:15 Walking Club 10:30 Chicken Soup for the Soul Reading 2:00 September Trivia 6:00 Watch America's Funniest	<b>19</b> 8:30 1 on 1's 9:30 Exercise 9:30 Catholic Communion 10:15 Walking 10:30 Craft Time 2:00 Music with Joyce Torchia-IL 3:30 Root Beer Floats 6:00 Reminisce	<b>20</b> 8:30 Daily Devotions 9:30 Exercise 10:15 Walking 10:30 Nail Care 2:00 Bingo 3:00 Sing A Long 6:00 Movie Night	<b>21</b> 9:30 Exercise 9:30 Rosary 10:00 Walking Club 10:30 Balloon Volleyball 1:30 Scatter Joy Acres Pet Visits 2:00 Country Drive 3:30 Kings on the Corner 6:00 Trivia	<b>22</b> 8:30 Flower Arranging 9:30 Exercise 10:00 Walking Club 10:45 Leave for Lunch at Tish's 2:00 Bingo 3:00 Card Games 6:00 Milk and Cookies	<b>23</b> 8:30 1 on 1's 9:30 Exercise 10:15 Walking Club 10:30 Did you Know??? 2:00 Music with Walt Werre-IL 3:30 Root Beer Floats 6:00 Popcorn and a Movie-Red Panda!!!	<b>24</b> 8:30 Word Finds 9:30 Parachute 10:15 Walking Club 10:30 Puzzle Time 2:00 Bingo 6:00 Lawrence Welk Show Lawrence Welk
<b>25</b> 8:30 Sock Pairing 9:30 Exercise 10:15 Walking 10:30 Share Stories About Cats and Dogs 2:00 Balloon Volleyball 6:00 Watch America's Funniest Video's	<b>26</b> 8:30 Rise and Shine Visits 9:30 Exercise 9:30 Catholic Communion 10:15 Walking Club 10:30 JINGO 2:00 Get to Know Your Neighbor Fern! 3:00 Fresh Popcorn 6:00 Bowling	<b>27</b> 8:30 Wake Up and Walk 9:30 Exercise 10:00 Walking Club 10:30 Bowling 2:00 Bingo 3:00 Snack Social and Kings on the Corner 6:00 Popcorn Social	<b>28</b> 8:30 Flower Arranging 9:30 Exercise 9:30 Rosary 10:00 Walking Club 10:45 Church with Pastor Blodgett 2:00 Frozen Treats 3:00 Coloring Pages 6:30 Watch Wheel of Fortune	<b>29</b> 8:30 Sock Pairing 9:30 Exercise 10:00 Walking Club 10:30 Baking Class 2:00 Bingo 3:00 Eat our Cookies! 6:30 White Board Wheel of Fortune	<b>30</b> 8:30 1 on 1's 9:30 Exercise 10:15 Walking Club 10:30 Parachute Game 2:00 Country Drive and Stop for Ice Cream!!! 3:00 Card Games 6:00 Popcorn Social	

