

# Dining At

# THE RIDGE

AL BREAKFAST  
7:00am – 9am  
AL LUNCH  
11:00am – 1pm  
AL DINNER  
4:30pm – 6:30pm

IL BREAKFAST  
7am – 9am  
IL LUNCH  
11pm – 1:00 pm  
IL DINNER  
By reservation only

## Breakfast

## Lunch

## Dinner

### MONDAY

1. Ham scram – scrambled eggs with ham and cheese. Served with fresh fruit & apple streusel  
2. Oatmeal, muffin, fruit  
3. Cereal frosted flakes, shredded wheat, or raisin bran

**1. Chicken Fried Steak** – with mashed potatoes, gravy, fresh veggies. Served with a dinner roll.  
**1. Turkey bacon avocado sandwich** – on grilled rye bread, sliced turkey, bacon, sliced avocado and melted cheese. Served with French fries.

**1. The Ridge plate** – cubed cheese, pepperoni, salami, olives and crackers.  
**2. Ham Dinner** – pit ham baked and then served with mac n cheese & Brussel sprouts.

### TUESDAY

1. Scrambled eggs, links, fruit, strawberry pancakes.  
2. Oatmeal, Muffin, fruit  
3. Cereal frosted flakes, shredded wheat, or raisin bran

**1. BBQ Rib Dinner** - Fire braised ribs topped with BBQ sauce, baked beans, coleslaw and a roll.  
**2. Beef Cheese Steak** - Freshly grilled steak slices, onions, peppers, melted cheese on pita bread. Served with tatter tots.

**1. Brisket Dinner** – slow cooked brisket, hashbrown casserole, fresh veggies, side salad and a roll.  
**2. Shrimp Mango Salad** – mixed greens topped with sliced apples, cranberries, raisins, grapes, feta cheese, candied walnuts & a Grilled Chicken Breast. Served you're your choice of dressing and a muffin.

### WEDNESDAY,

1. Your choice of eggs, hashbrowns, bacon, Scone, and fruit.  
2. Oatmeal, Muffin, fruit  
3. Cereal frosted flakes, shredded wheat, or raisin bran

**1. Mexi Melt** – A fried tortilla stuffed with cheese on a bed of lettuce, covered in chili & cheese. Sour Cream and pico de galo on the side.  
**2. Honey Crusted Walleye**– Lightly breaded and served with fresh veggies, baked sweet potato, side salad and a roll.

**1. Chicken Primavera** – red & yellow peppers, string beans, cherry tomatoes, & mushrooms sautéed in a white wine sauce, served over pasta with grilled chicken & garlic bread  
**2. Asian Crunch Wrap** – breaded chicken tenders, coleslaw, onion, soy sauce, sweet chili sauce, chopped peanuts. Served with fresh fruit.

## Everyday offerings

Soup of the Day • Assorted Fruit – Changes Daily • Chef Salad • Deli Sandwich with Chips  
Baked Salmon, Cod, Tilapia, Chicken Breast with Choice of Sides • Chicken Strips with Choice of Sides  
Grilled Cheese Sandwich with Choice of Sides • Daily Desserts

## Breakfast

## Lunch

## Dinner

## THURSDAY

1. Breakfast burrito – Scrambled eggs, ground sausage, cheese, potatoes, green chili sauce wrapped in a tortilla with sour cream and salsa on the side. Served with fresh fruit
2. Oatmeal, muffin Fruit
3. Cereal corn flakes, shredded wheat, or raisin bran

1. **Chipped beef and toast** – served on Texas toast with peas and carrots.
2. **Steak Dinner** – This week a freshly grilled N.Y. Strip with sautéed onions, mushrooms, fresh veggies and rice pilaf. Served with a dinner roll.

1. **California chicken salad** – on a bed of lettuce, grilled chicken breast, avocado, tortilla strips, cherry tomato. Served with your choice of dressing and a muffin.
2. **Lemon Basil Cod** – simply seasoned cod loin topped with lemon slice & baked then served with sweet potato & veggie.

## FRIDAY

1. Sausage breakfast sandwich, patty, donut, with fruit.
2. Oatmeal, muffin Fruit
3. Cereal corn flakes, shredded wheat, or raisin bran

1. **Shrimp Kebab** – fresh peppers, pineapple, onion, sautéed shrimp. Served with coconut rice and cucumber tomato salad.
2. **Cinnamon Roll French Toast** – with your choice of egg, bacon and a side of fruit

1. **Chicken Bacon Ranch Mac n Cheese**- diced chicken, bacon, drizzled ranch seasoning in our creamy mac n cheese. Served with a side salad and a roll
2. **Grilled Ham 'n Cheese** - served with vegetable beef soup

## SATURDAY

1. Scrambled eggs, link, fruit and Biscuits & Gravy.
2. Oatmeal, muffin Fruit
3. Cereal corn flakes, shredded wheat, or raisin bran

1. **Seafood Alfredo** – Sautéed crab and shrimp in a rich creamy alfredo sauce. Served with a side salad and garlic bread.
2. **Pineapple Boats**- our homemade chicken salad in a pineapple boat, with apple streusel cake and fresh fruit.

1. **The Ridge Burrito** – shredded beef, black beans, pico de galo, cilantro lime rice, shredded cheese served with chips and salsa.
2. **Liver and onions** – with grilled onions, bacon, gravy, diced potatoes, side salad and a roll.

## SUNDAY

1. Scrambled eggs, bacon, fruit and a Coffee Cake
2. Oatmeal, muffin Fruit
3. Cereal corn flakes, shredded wheat, or raisin bran

1. **Johnonville brats** – Freshly grilled and served in a bun with coleslaw and fresh fruit.
2. **Fried Shrimp** – with hushpuppies, fries and coleslaw

1. **Honey Tarragon Chicken Salad** - honey, tarragon baked chicken, mixed with mayo, raisins & nuts then served on a croissant with fresh fruit.
2. **Tuna noodle casserole** – Served with a side salad and a roll.

Thank you for dining with us!