| BREAKFAST <br> 7:30am - 9am <br> LUNCH <br> 12pm-1:30pm <br> DINNER <br> 5:30pm - 6:30pm | ${ }^{\text {tra }} 1$ feritage <br> at Shalimar Gardens | Amy Delp <br> DINING SERVICE <br> DIRECTOR |
| :---: | :---: | :---: |
| Breakfast | Lunch | Dinner |
| MONDAY |  |  |
| - Choice of eggs <br> - Oatmeal <br> - Sausage Links <br> - Choice of Toast <br> - Pancake <br> - Choice of Cereal | - Turkey Roast, Stuffing and Gravy, with Green Beans <br> - Swiss Steak, Baked Potato Half and Green Beans | - Turkey Noodle Soup with Roast Beef Sandwich <br> - Crispy Fish Sticks, Tater Tots and Vegetable |
| TUESDAY |  |  |
| - Choice of eggs <br> - Cream of Wheat <br> - Bacon <br> - Choice of Toast <br> - Coffee Cake <br> - Choice of Cereal | - Beef Pot Roast, Mashed Potatoes and Gravy, with Seasoned Carrots <br> - Chicken Fried Chicken, Mashed Potatoes and Gravy, with Seasoned Carrots | - Taco Salad with Spanish Rice, Refried Beans, Salsa and Sour Cream <br> - Apple Pancakes, Scrambled Eggs and Sausage Links |
| WEDNESDAY |  |  |
| - Choice of eggs <br> - Oatmeal <br> - Sausage Links <br> - Choice of Toast <br> - English Muffin <br> - Choice of Cereal | - Spaghetti Bake with Garlic Breadstick, and Marinated Vegetable Salad <br> - Herbed Pork Loin, Wild Rice, and Marinated Vegetable Salad | - Baked Potato Soup with Ham and Cheese Sandwich <br> - Reuben, Potato Chips and Pickle Spears |

Every day offerings

Soup of the Day • Assorted Fruit - Changes Daily • Chef Salad • Deli Sandwich with Chips Seared Tilapia with Chef's Choice of Sides • Chicken Strips with Chips \& Daily Veggies Grilled Cheese Sandwich with Chips and Daily Veggies • Chef's Choice Desserts

\left.| Breakfast | Lunch | Dinner |
| :--- | :--- | :--- |
| - Choice of eggs | THURSDAY |  |$\right)$



