

BREAKFAST  
7:30am – 9:30am

LUNCH  
11:30am – 1:00pm

DINNER  
5:00pm – 6:30pm

# The Heritage at College View Dining

Week 1

Breakfast

Lunch

Dinner

## MONDAY, December 27<sup>th</sup>

**Belgian Waffles** – Hot fluffy waffle served with butter and maple syrup  
**Fruit:** Mandarin Oranges

**Roasted Chicken** – Simply seasoned chicken pieces oven roasted served with mashed potatoes and gravy  
**Vegetable:** Glazed Carrots  
**Soup:** Ham and Bean  
**Dessert:** Jell-O Poke Cake

**Swedish Meatballs** – seasoned meatballs simmered in a creamy mushroom gravy served over buttered noodles  
**Vegetable:** Glazed Carrots  
**Soup:** Ham and Bean  
**Dessert:** M&M Dream Bars

## TUESDAY, December 28<sup>th</sup>

**Breakfast Sandwich** – Toasted English muffin topped with ham, egg, and cheese  
**Fruit:** Pears

**Beef Stir Fry** – Seasoned beef strips tossed with oriental vegetables and brown sauce served over rice. Meal comes with an egg roll and fortune cookie  
**Soup:** Tomato  
**Dessert:** Apple Crisp

**Cheesy Tuna Casserole** – Tuna, spiral noodles and a creamy sauce topped with cheese and a crisp topping  
**Vegetable:** Buttered Peas  
**Soup:** Tomato  
**Dessert:** Pineapple Upside Down Cake

## WEDNESDAY, December 29<sup>th</sup>

**Biscuits and Sausage Gravy** – Creamy pepper gravy with sausage spooned over a fresh baked biscuit  
**Fruit:** Banana

**Chicken Parmesan** – chicken breast breaded with parmesan breadcrumbs served over marinara pasta  
**Vegetable:** Green Beans  
**Soup:** Creamy Potato  
**Dessert:** Strawberry Cheesecake

**Spaghetti Casserole** – Seasoned ground beef, spaghetti noodles, and marinara sauce mixed and topped with cheese. Served with garlic bread  
**Vegetable:** Green Beans  
**Soup:** Creamy Potato  
**Dessert:** Black Forest Cake

*Every day Alternates*

Cottage Cheese \* Fruited Jell-O \* Lettuce Salad \* Meat Salad \* Peanut Butter & Jelly Sandwich \* Grilled Cheese Sandwich \* Yogurt with Granola \* Potato Salad \* Coleslaw

Breakfast

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**THURSDAY, December 30<sup>th</sup>**

<p><b>Caramel Pecan Rolls</b> – Fresh baked rolls covered in pecans and drizzled with sweet caramel <b>Fruit:</b> Apricots</p>	<p><b>Maple Glazed Ham</b> – Spiral ham topped with a sweet maple glaze and served with a fresh sweet potato half <b>Vegetable:</b> Roasted brussels sprouts <b>Soup:</b> Chicken Noodle Soup <b>Dessert:</b> German Chocolate Cake</p>	<p><b>BBQ Bacon Burger</b> – Seasoned ground beef patty topped with bacon, bbq sauce, American cheese and served with tater tots <b>Vegetable:</b> Buttered Corn <b>Soup:</b> Minestrone <b>Dessert:</b> Black Forest Cake</p>
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**FRIDAY, December 31<sup>st</sup>**

<p><b>Glazed Donuts</b> – Fresh baked donuts in a sweet glaze <b>Fruit:</b> Peaches</p>	<p><b>Apple Roasted Pork</b> – Seasoned Pork loin baked in apples and onions served with a baked potato <b>Vegetable:</b> Broccoli <b>Soup:</b> Vegetable Beef <b>Dessert:</b> Assorted</p>	<p><b><u>NEW YEARS EVE</u></b> Oyster Stew or Cheeseburger Soup in a Sour Dough Bread Bowl Relish Plate Cherry Cheesecake</p>
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**SATURDAY, January 1<sup>st</sup>**

<p><b>French Toast</b> – Sliced sour dough bread dipped in an egg, milk, vanilla, and cinnamon mixture then fried golden brown served with butter and syrup <b>Fruit:</b> Tropical Fruit</p>	<p><b><u>NEW YEARS DAY</u></b> Bacon wrapped Steak Shrimp Kababs Cheesy hash brown potatoes Garlic rice Glazed Carrots Strawberry Rhubarb Pie</p>	<p><b>Pulled Pork Sandwich</b> – Seasoned pulled pork on a bun served with BBQ sauce on the side, baked beans, and potato chips <b>Vegetable:</b> Roasted brussels sprouts <b>Soup:</b> Chicken Noodle Soup <b>Dessert:</b> Pumpkin bar</p>
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**SUNDAY, January 2<sup>nd</sup>**

<p><b>Cinnamon Roll</b> – Tender layer of baked bread swirled with cinnamon and frosted with a cream cheese frosting <b>Fruit:</b> Fruit Cocktail</p>	<p><b>Bacon Ranch Chicken Breast</b> – Chicken breast seasoned with ranch seasoning and topped with bacon served with roasted potatoes <b>Vegetables:</b> Sliced Carrots <b>Soup:</b> Hearty Vegetable <b>Dessert:</b> Chocolate Cream pie</p>	<p><b>Turkey Tetrazzini</b> – Diced turkey, egg noodles, mushrooms, peas, parmesan, and Swiss cheeses baked in a delicious casserole served with a breadstick <b>Vegetable:</b> Slice Carrots <b>Soup:</b> Hearty Vegetable <b>Dessert:</b> No bake cookies</p>
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Thank you for dining with us!